

# SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University

# Criterion 7

# Institutional Values and Best Practices

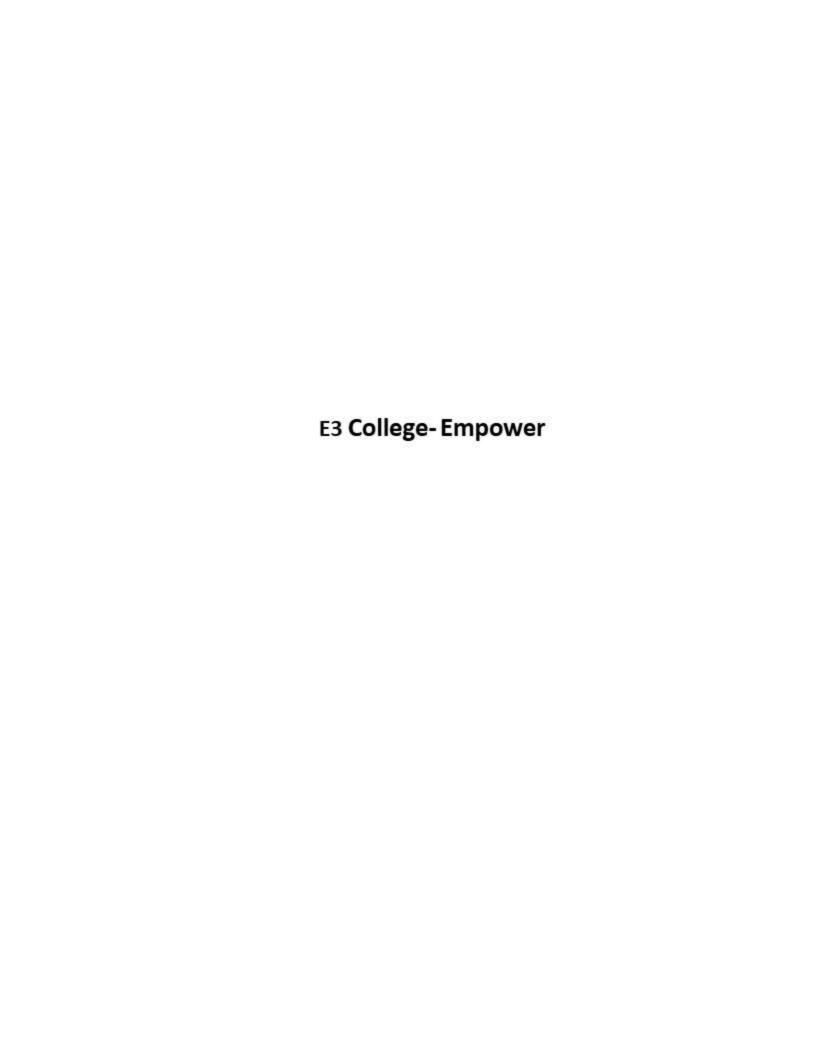
### 7.2 Best Practices

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

# **Two Best Practices**

- 1. E3 College- Empower, Environment, Empathy
- 2. E3 Society- Empower, Environment, Empathy

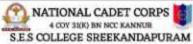
E3 College- Empower, Environment, Empathy



### ANTI DRUG CAMPAIGN -20/10/2023

To raise awareness about drug abuse and to combat the spread of drugs on and off campus, a musical drama was organised by The NCC Unit, NSS Unit and students of S.E.S College Sreekandapuram. The program was conduced on 20th October 2023. It was a great success.





#### CAREER ORIENTATION CLASS

On December 13, 2023, Career Guidance Cell of S.E.S. College in collaboration with BTRAC organised a Career Orientation Programme. Mr. Mohan George, a distinguished Corporate Trainer, Career coach, and Hypnotic Consultant, hosted the enlightening "Vocational Vibes" programme. This event aimed to provide participants with valuable insights into vocational development, career coaching, and the application of hypnotic techniques for personal growth. He commenced the program with an impactful career coaching session. He shared profound insights into effective career planning, emphasizing the importance of aligning one's skills and passions with professional goals. Attendees gained a clearer understanding of potential career paths and strategies for career advancement.









#### CONNECT CAREER TO CAMPUS - ORIENTATION

Career Guidance Cell of S.E.S. College, in collaboration with the Kerala Knowledge Economy Mission, hosted a Programme on January 10, 2024, focusing on converting academic knowledge into economic opportunities. It was a highly engaging and interactive session led by Ms. Christeena Sebastian, Talent Curation Executive, emphasizing the necessity for Skills development. The event concluded successfully with the registration of every final-year student on the DWMS (Digital Workforce Management System) platform.



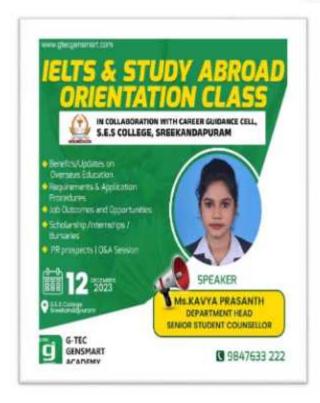






#### STUDY ABROAD ORIENTATION CLASS

On December 12, 2023, S.E.S. College Career Guidance Cell hosted an insightful orientation programme in collaboration with G TEC GENSMART ACADEMY that aimed at providing students with valuable information on studying abroad and enhancing their skills through the International English Language Testing System (IELTS). The primary objective of the orientation programme was to guide students through the process of studying abroad, emphasizing the importance of IELTS for academic and professional success. The orientation program at S.E.S. College successfully empowered students with comprehensive knowledge about studying abroad and the importance of IELTS. Ms. Kavya Prashanth, Department Head and Senior Student Counsellor, G TEC GENSMART ACADEMY, was the Resource Person. The interactive nature of the event fostered engagement and enthusiasm among attendees.





#### Civil Services Examination Orientation

Career Guidance Cell, S.E.S. College, Sreekandapuram organised a Civil Services Examination Orientation for the Final Year UG students in collaboration with Kerala State Civil Service Academy, Kalliasserry on Feb 13, 2024 at Seminar Hall from 11.30am to 1.00pm. The Kerala State Civil Service Academy Kalliassery Centre Co – Ordinator Mr. Shivakumar and the Trainer Mr. Edwin were the Resource persons. It was a proactive step by SES College Sreekandapuram to prepare students for potential career paths in the civil service sector. The session covered various aspects such as exam structure, eligibility criteria, syllabus, preparation strategies, and the significance of civil services in nation-building. It aims to provide valuable guidance and support to students interested in pursuing civil service careers, equipping them with the necessary information and resources to navigate the examination process effectively.





#### CAREER GUIDANCE WORKSHOP

The Career Development Workshop was led by Mr. Anand S. Unni in S.E.S. College's Seminar Hall from 10.00 am to 12Noon that aimed to guide students on navigating the complexities of career planning and development. He facilitated a comprehensive exploration of diverse career paths, taking into consideration students' interests, skills, and aspirations. The session encouraged students to think beyond conventional choices and consider emerging opportunities. Drawing on his expertise, he shared real-world experiences and insights into various industries. This practical perspective provided students with a deeper understanding of the professional landscape.





# CLASS ON "HOW TO FACE AN EXAM & PERSONALITY DEVELOPMENT"

The Career Guidance Cell of S.E.S. College organised a session on "How to face an Exam and Personality Development" in collaboration with Sree Shankaracharya Computer Centre, Sreekandapuram on Feb 15 from 10.30 am to 12.30 pm at the Seminar Hall. Mr.Jayapal, the trainer was an experienced Educator known for his expertise in Exam preparation techniques and Personality Development. He conducted a highly informative session. The session aimed to equip students with practical strategies to effectively face exams with confidence. He emphasized the importance of acknowledging and managing these feelings to maintain optimal performance during exams. The session focused on promoting smart study techniques rather than just extensive studying. He also introduced methods such as active learning, self-testing, and spaced repetition to enhance retention and comprehension of study material.





# 4. Tips to Qualify PG Entrance Exams: Coaching Series Inauguration by ALUMNI

Tips to qualify various entrance exams, a coaching series was inaugurated on 07/09/23. It was an initiation by ALUMNI of our department. Keerthi, ALUMNI (17-20 Batch) inaugurated the same by handling session on the same. All students of our department benefitted it.





# 7. Power Quiz: State Level Quiz Competition by KSEB

Kerala State Electricity Board conduct Power Quiz every year. It is a state level Quiz competition for School and College students. Students of various departments actively participated in the event on 21/11/2023. Thushar Babu of Physics department won First prize.







## 10. Skill Acquisition Programme:Language and Communication Skill

Language and communication skill development seminar was conducted on 23<sup>rd</sup> January. Students from various departments benefitted the same. Sneha P P, Professional Social worker and trainer handled the session.

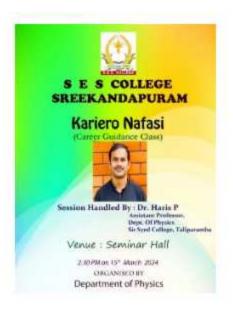






# 12. KARIERO NAFASI: Career Guidance Programme

Career guidance programme was conducted by the department on 15<sup>th</sup> March. Dr Haris P, Assistant Professor, Sir Syed College Taliparamba delivered a talk on it. Students familiarized various career options and interacted actively.



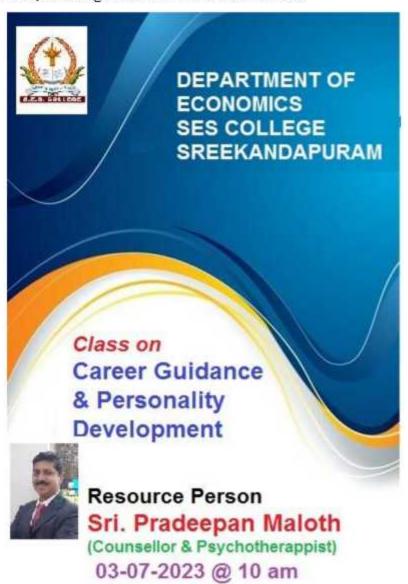


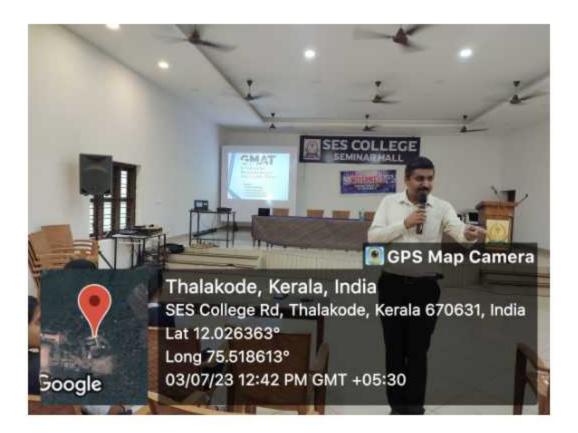


Department of Physics, Activity Report 23-24

#### TRAINING FOR COMPETITIVE EXAM - 30

Preparing for competitive examinations is crucial for college students aiming to pursue further studies or careers in their chosen fields. Practice is key to success in competitive exams. Solve previous years' question papers and to familiarize yourself with the exam pattern and improve your time management skills. The department conducted a one day session on career guidance and personality development on 3-7-2023. 30 students participated in the programme. Sri. Pradeepan Maloth, a leading career counsellor lead the class.

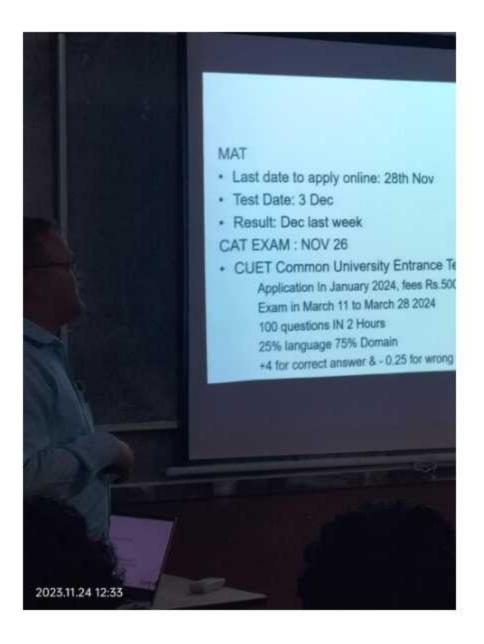




#### CAREER GUIDANCE CLASS

Career guidance classes play a vital role in equipping graduate students with the knowledge, skills, and resources necessary to make informed career decisions, navigate competitive job markets, and achieve their professional aspirations effectively. They complement academic learning by preparing students for successful careers and lifelong professional development. Many graduate students enter their programs with a general idea of their career path but benefit from guidance to refine their goals and aspirations. Career guidance classes help them explore various career options within their field of study and align their academic pursuits with their career objectives. With these objectives, the department has organized a career guidance class on 24-11-2023. The class was lead by one of the long experienced resource person in this area. Career guidance provides them with insights into different career pathways, industry trends, and the skills and qualifications required for success in their chosen fields.





#### SKILL- ENHANCEMENT PROGRAMME

As part of developing ICT skills among students, the department organized seminar presentations by students on 13-11-2023. Seminar presentations supported by ICT provide students with a valuable opportunity to develop essential skills, enhance their learning experience, and prepare them for future academic and professional endeavors. It encourages creativity, collaboration, and effective communication, making it a valuable educational tool in modern learning environments. ICT tools such as PowerPoint or Prezi enable students to create visually appealing slides that support their verbal presentation. ICT allows students to integrate multimedia elements such as images, videos, and audio clips into their presentations.



NAME OF PROGRAMME : CAREER SYMPOSIUM

NAME OF ORGANISING AGENCY : DEPARTMENT OF ENGLISH

NAME AND DESIGNATION OF RESOURCE PERSON:

Mr.SHAMMAS [Career guide]

DATE: 13/11/2023

NUMBER OF PARTICIPANTS: 36





#### REPORT:

Department signed an MoU with Kerala Career Forum, Taliparamba for organizing Career Guidance Class. Mr. Shammas Abdul Khader delivered the Career Guidance lecture to the students on Nov 13, 2023. The session was really resourceful one for the students with regard to knowing the latest career trends and opportunities.

NAME OF PROGRAM: COMMUNICATION SKILL

NAME OF ORGANISING AGENCY: DEPARTMENT OF ENGLISH

DATE: 13/02/2024

NAME AND DESIGNATION OF RESOURCE PERSON: JOBISH

NUMBER OF PARTICIPANTS: 65



#### REPORT:

The English Department of SES college organized a session on communication skills on 13<sup>th</sup> February 2024 in the seminar hall. The resource person for the programme was Jobish M Joseph. The aim of the session was to improve the communicative skills of the students. The session also included some tasks which boost the confidence of studens to address the audience.

# FLOURISH- SESSION ON LANGUAGE & COMMUNICATION SKILLS

The Department of Commerce-BBA organized a session on language and communication skills on 14, August 2023. The session was inaugurated by Head of the Department Ms. Anumol Thomas. The resource person, Mr. Muhammed Nayeef, introduced the skills required for communication and free apps for learning the English language. Fifty one BBA students participated in the session. This programme was very useful, interesting and informative for the students. The Resource person handled the session very effectively.







Department of Commerce-BBA Activity Report 2023-2024

#### TARGET - CAREER GUIDANCE PROGRAMME

As part of the target program of the department, in association with Chanakya Business School, a career guidance program was arranged on November 13, 2023, for the final year students of BBA. Twenty final-year students participated in it. They had the opportunity to clear their doubts about CMA-India and CMA-US.



#### WORKSHOP ON COMPUTERISED ACCOUNTING-TALLY

On November 28, 2023, the Department of Commerce-BBA organized a workshop on the topic of computerized accounting using Tally. The session was inaugurated by Head of the Department Ms. Anumol Thomas. The resource person, Ms. Anagha, introduced the basics of Tally and provided a practical session on it. Thirty-two first-year BBA students participated in the workshop. This initiative was undoubtedly beneficial, bridging the gap between theory and real-world application for the students.







### CAREER GUIDANCE

# Talk on career in Management Through Management Exams



Department of commerce SES college Sreekandapuram organized a webinar on 10/06/2023 on career opportunities in association with Entri App at 7:00pm. This webinar mainly targeted prospective students of the commerce department. It created awareness about career options in management. The session was handled by C Siva Baskaran, career expert of Entri App. The resource person gave detailed information about various management entrance exams, Institutions offering MBA courses, their fee structure, job opportunities etc. 110 students joined this webinar. Welcome speech was delivered by Jasna P(Assistant Professor) and Vote of thanks delivered by Shyni MC (Assistant Professor).

#### SUBJECT TALK WITH COLLABORATION

### **Investor Awareness Program**



Department of Commerce, SES College Sreekandapuram in association with Krisha foundation Mumbai conducted a webinar Investor Awareness Program on 17 june 2023 at 10:00 AM on Zoom Meet. The session was handled by Mrs Surabhi Gawade, trainer for financial literacy and investor education. The course started with the welcome speech of Shamila KK (II BCOM). It was a very useful class for students. 54 students participated in this session. Finally the program winded up by the vote of thanks of Miss Salima K K (II Bcom).

# CAREER CAFE - CAREER GUIDANCE PROGRAMME



The department of Commerce SES college Sreekandapuram organized a seminar on 13/09/2023 on career opportunities at 10:30 am. This seminar was on the topic "A Seminar on career development". The session was handled by Mr Subin Das K, assistant professor and coordinator students affairs, IIC Lakshya. 55 students participated on that. Welcome speech was delivered by Keerthana Prakashan (III BCom). Session inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Sapthami VV (III BCom).

# CAREER CAFE - CAREER GUIDANCE PROGRAMME

# WHY CMA US IS A SMARTER WAY TO BE PROFESSIONALLY CERTIFIED



The commerce department of SES college Sreekandapuram conducted a seminar on 19/9/2023 at 2 pm on the topic WHY CMA US IS A SMARTER WAY TO BE PROFESSIONALLY CERTIFIED. The resource person of the session was Mr Suhail, Learn C, Thaliparamba. 55 students participated in this program.

# COMMUNICATIVE SKILL DEVELOPMENT PROGRAMME

### HOW TO IMPROVE PROFESSIONAL ENGLISH COMMUNICATION SKILLS



SES college Sreekandapuram Department commerce organized a communicative skill development program "How to improve professional english communication skills "on 08/11/2023 at10:30-11:30 AM. The session was taken by Mr Harikrishna V S Chanakya Business School, Calicut. 111 students participated in the program. The welcome speech was delivered by Dr Shyni MC(Assistant Professor) The program was inaugurated by Jasna P(HOD Department of Commerce) and Vote of thanks given by Jumaila K(Assistant Professor).

#### SKILL DEVELOPMENT PROGRAMME

### How does NSDC helps to Build your accounting career



The department of Commerce SES college Sreekandapuram organised a seminar on 23/11/2023 at 10:30 am. This seminar was on the topic How does NSDC helps to Build your accounting career. The session was handled by Mr Sreejith P R, career counsellor, Finishing School India, Vytila, Kochi. 55 students participated on that. Welcome speech was delivered by Shakkir PV Assistant Professor (Department of commerce). Programme inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Shyni. MC Assistant Professor (Department of commerce).

# CAREER CAFE - CAREER GUIDANCE PROGRAMME

#### LOGISTICS SKILLS



SES college Sreekandapuram Department of commerce organised a career guidance program "LOGISTICS SKILLS" on 05/12/2023 at 1pm. The session was handled by Mr Sanesh Sharma, Career consultant, Navalok Academy of logistics and supply chain management-Kochi. 55students participated in the program. Welcome speech was delivered by Jumaila. K, Assistant Professor (Department of commerce). Programme inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Shyni.MC Assistant Professor (Department of commerce).

### Visit to Radio Mango

11/10/2023

Students from the Communication and Journalism Department were selected to visit Radio Mango.



On October 11, 2023, they visited Radio Mango from 10 AM to 2 PM. This visit aimed to provide students with a practical understanding of radio broadcasting and production.

The following students participated in the visit:

Marya Kuriakose, Anjali Krishnan, Najma Nazar, Ashrya V, Lijitha M and Arika K.

The visit began with an engaging discussion with the Radio Jockeys (RJs) of Radio Mango. The RJs shared their experiences, challenges and insights into the world of radio broadcasting. The technical staff explained the processes involved in ensuring high-quality audio output and the importance of maintaining technical precision. A highlight of the visit was a talk show program hosted by one of the RJs, in which the students participated. They experienced firsthand how a live talk show is conducted, including the preparation, scripting and on-air dynamics. This interactive session allowed students to understand the flow of a live broadcast and the spontaneity required in such settings.

## Participation in Speak for India Debate Competition

#### Mathrubhumi Newspaper in collaboration with Federal Bank

The Communication and Journalism Department is proud to say the participation of its students in the prestigious 'Speak for India' debate competition. This event, organized by Mathrubhumi Newspaper in collaboration with Federal Bank, is a significant platform for young debaters to showcase their skills and engage in meaningful discourse on various social issues.

Four students from the department actively participated in the competition: Anamika CK, Marya Kuriakose, Arika K, Vismaya M

#### Social Responsibility Program

The 'Speak for India' debate competition is not only a platform for intellectual exchange but also a social responsibility program. It aims to foster critical thinking, public speaking skills and social awareness among the youth. The participation of our students aligns with the department's commitment to social extension and community engagement. The topics included matters related to social justice, environmental sustainability, economic policies and technological impacts on society.

The students' involvement in this social responsibility program highlights the importance of engaging with community issues and using their voices to advocate for positive change.





# SRADHA, & ANC

SRADHA -Students Rescue against Drug Habits and Addiction and ANC Anti-Narcotic Cell are two vital entities at SES College dedicated to addressing
the issue of drug abuse on campus. This report provides an overview of their
collaborative activities and initiatives in promoting a drug-free and healthier
campus environment.



Anti Drugs Club Report Page 9

#### CLASS ON INTRODUCTION TO COMPUTATIONAL TOOLS FOR A CHEMIST

A class on introduction to computational tools for a chemist was conducted on 13<sup>th</sup> February 2024. The session was handled by Dr.Rajeesh P, Assistant Professor, Nehru arts and Science College, Kanhangad, as a part of MoU. It was conducted at 1.30 pm at BSc 3DC classroom. All students of 3<sup>rd</sup> year BSc Chemistry participated in this class. Participants ~ 15







#### SELECTION OF BEST STUDENT- TEACHER (2023-24)

The selection of best student- teacher in the department of Chemistry for the academic year 2023-24 was conducted on 25<sup>th</sup> March 2024 for the improvement and recognition of the teaching skills of the students. The programme was held at 1.30pm. Devika M K of 3<sup>rd</sup> BSc Chemistry was selected as the Best Student-Teacher. Participants ~21









# ANTI-DRUGS AWARENESS PROGRAMME (20-10-2023)

On October 20, 2023, a spirited and impactful anti-drug flash mob was inaugurated by MLA Adv. Sajeeve Joseph. The event was organized to raise awareness about the dangers of drug abuse among the youth and to promote a drug-free lifestyle in our community. Itwas a dynamic display of coordinated dance performances and expressive movements. Led by enthusiastic students and community members, the choreographed routines conveyed powerful messages of resilience, unity, and determination in the fight against drugs. Participants showcased their creativity and talent, captivating the audience with their synchronized movements and spirited performances.



Anti Drugs Club Report Page 8

#### INDUSTRIAL VISIT TO DEPARTMENT OF PHYSICS, KANNUR UNIVERSITY

The faculties and students of 3<sup>rd</sup> BSc Chemistry freely visited Department of Physics ,SAT Campus,Payyanur on 16<sup>th</sup> November 2023 as part of Linkage signed between Heads of two institution. Various instruments and analysis methods were explained by Mr.Akhilesh T Technical Assistant of University Instrumentation Cell to the students. Participants ~21







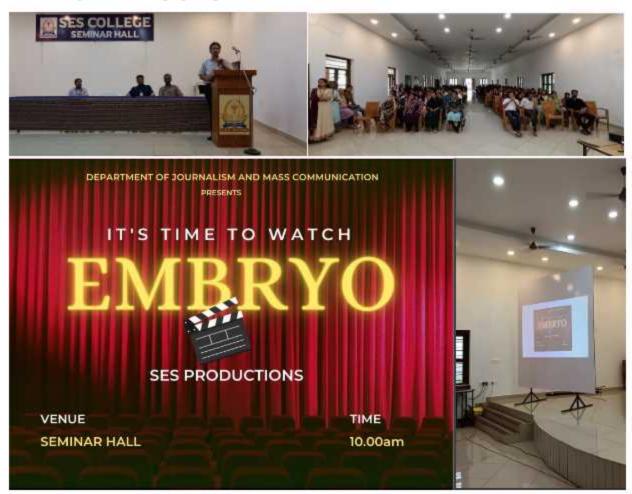
## 'Embryo' Screening of Productions

2/08/2023

The Communication and Journalism Department organized a special program titled 'Embryo,' featuring the screening of student production works on August 2, 2023. The event was held in the seminar hall, where all teachers and first-year UG students gathered to enjoy the creative outputs of MAJMC students.

The program was inaugurated by the Principal, Dr. Dominic Thomas. Deepu Jose K, the Head of the Department, delivered presidential address and explained the purpose and significance of the 'Embryo' program. Dr. Sajesh T.J., the IQAC Coordinator, delivered the felicitation address. Previn P.F., a faculty member from the department, delivered the welcome speech.

The highlight of the event was the screening of various student production works. These productions showcased the talent, creativity and technical skills of the MA Journalism and Mass Communication students. The audience, comprising faculty members and first-year students, thoroughly enjoyed the diverse array of films and projects presented.



### Media Conclave 2024

Date: March 2-4, 2024

Venue: Kerala Media Academy, Kochi

11 students from the MAJMC first-year batch participated in the Media Conclave 2024, organized by the Kerala Media Academy in Kochi. It was an enlightening and enriching experience for them. Held from March 2 to March 4 2024 the event aimed to bridge the gap between media students and industry professionals, fostering a deep understanding of the current trends and challenges in the media landscape.



#### **Participants**

The following students from the first-year MAJMC batch actively participated in the conclave:

Vismaya P., Chandana K, Mihada S.P., Adithyakrishna M.V., Varna M., Anusree K.V., Vaishnavi P., Avani K.S., Anjana V.V., Adhithyan P. and Shada M.

The conclave featured a series of engaging sessions and activities that covered a broad spectrum of media-related topics. These sessions provided students with valuable insights and a comprehensive understanding of the media world.

Media Bias and Palestine, AI and the Changing Media World, Media Quiz 'Know the Truth', Loksabha Election and Media, New Media at the Time of Election, Sidelined Community and Media, Radio @ 100, 175 Years of Print Media.

The conclave was graced by the presence of numerous eminent media professionals and cultural figures who shared their expertise and experiences with the participants. They included B.R.P. Bhaskar. Sasikumar, K.R. Mohanan, S.R. Shakthidaran, Dhanya Rajendran, P.P. Sasi, Thomas Jacob, K.C. Narayanan, Sushama Mohan, Balakrishnan Periya, RJ Neena, Shibu Malayail, RJ Nitha. Meena Koduval, Suresh Vellimangalam, Sreekandan Nair, Johny Lukose, Jayanth Jacob, P.M. Manoj, M.R. Harikumar. Ram Mohan Paliyath. N.E. Sudheer, Seema Mohanlal, Veyil Abad, K. Rajendran, Sathri Ramchandran,

P.M. Narayanan, V.M. Ibrahim, Arun Ram, M.V. Nikesh Kumar, Dr. Achuth Sankar, Sunil Prabakar, Quiz Master G.S. Pratheep

The Media Conclave 2024 was a highly successful event that allowed MAJMC students to engage with leading media professionals, participate in thought-provoking discussions, and gain practical insights into the media industry. The diverse range of topics covered during the conclave equipped the students with a deeper understanding of contemporary media issues and trends. This experience not only enhanced their academic knowledge but also inspired them to pursue their media careers with renewed enthusiasm and a broader perspective.







#### PENCIL DRAWING COMPETITION

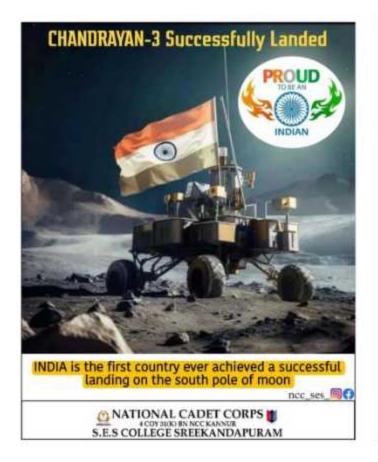
The NCC Unit of S.E.S College Sreekandapuram organised a Pencil Drawing Competition at the Seminar Hall in association with The Anti Drug Club. The program was held in the presence of Dr Dominic Thomas(Principal of S.E.S College Sreekandapuram), Lt.Preju K Paul(ANO of S.E.S College Sreekandapuram) and Dr. Sunitha Joseph (). The first prize was bagged by Arathi M V of 2nd yr BA English. Second prize winner was Rimzana of 3rd yr BA English. Third prize winner was Nandu Mohanan of 2nd yr BA Economics. The prize was distributed by Dr. Dominic Thomas. There were 24 participants in this event. The program was successful in instilling the importance of working against drug abuse to establish a Drug- Free community.



# CHANDRAYAN -3 LANDING - 23/08/2023

INDIA is the first country ever achieved a successful landing on the south pole of moon. The Chandrayaan-3 was launched on July 14, 2023, from Sriharikota space station in Andhra Pradesh.

To support the mission on the day the NCC cadets of S.E.S College Sreekandapuram watched the live streaming of CHANDRAYAN -3 launching.





#### REPORT

# Selection For National Level Debate Competition

# FDSJ, SES COLLEGE SREEKANDAPURAM

19/09/2023

Date: September 19, 2023

Time: 11: 30 AM

Venue: MAJMC Dept., SES College, Sreekandapuram

The Forum for Democracy and Social Justice (FDSJ) Wing at Sreekandapuram organized a debate competition on September 19, 2023 at the SES College, Sreekandapuram. This event was held to select a representative for the upcoming National Level Debate Competition. Six students from various departments actively participated, showcasing their oratory and critical thinking skills.

The competition was supervised by the FDSJ Wing, ensuring a fair and rigorous selection process. The panel of judges included Dr. Sunitha Joseph, Assistant Professor of the Economics Department and Samson Rajan, Assistant Professor of the English Department. Their expertise and impartial judgment were crucial in evaluating the participants.

After a series of compelling debates, Vismaya Prakash, a second-year MAJMC student, emerged as the winner. She was selected to represent the college in the Debate competition at Kannur University as part of the selection for the National Level Debate Competition.

#### Outcome

The debate competition was a successful and enriching experience for all participants. It not only highlighted the intellectual capabilities of the students but also fostered a spirit of healthy competition and public speaking. The selection process for the national competition is a testament to the high standards upheld by the FDSJ Wing in nurturing academic excellence and critical discourse.

# CLASS ON CAREER GUIDANCE AND COMPETITIVE EXAM[Alumni Engagement]

On 12<sup>th</sup> January 2024, the Department of Chemistry conducted a class on Career and Competitive exam Guidance at 10.30 am. The session was handled by Mr.Sugith Baby Research Scholar, Alumnus, SES college. The students of BSc Chemistry participated in this programme. Participants ~ 16







# Participation in Speak for India Debate Competition

#### Mathrubhumi Newspaper in collaboration with Federal Bank

The Communication and Journalism Department is proud to say the participation of its students in the prestigious 'Speak for India' debate competition. This event, organized by Mathrubhumi Newspaper in collaboration with Federal Bank, is a significant platform for young debaters to showcase their skills and engage in meaningful discourse on various social issues.

Four students from the department actively participated in the competition: Anamika CK, Marya Kuriakose, Arika K, Vismaya M

#### Social Responsibility Program

The 'Speak for India' debate competition is not only a platform for intellectual exchange but also a social responsibility program. It aims to foster critical thinking, public speaking skills and social awareness among the youth. The participation of our students aligns with the department's commitment to social extension and community engagement. The topics included matters related to social justice, environmental sustainability, economic policies and technological impacts on society.

The students' involvement in this social responsibility program highlights the importance of engaging with community issues and using their voices to advocate for positive change.



# Adding a Human Touch to Journalism

30/1/2024

On January 30, 2024, the Communication and Journalism Department was honored to host an enlightening session titled "Adding a Human Touch to Journalism," led by Prejin, a notable alumnus of our department and an accomplished journalist, working at Malayala Manorama. The session was specifically designed for first year MAJMC students to enhance their understanding of empathetic and human-centered journalism.

The session was warmly welcomed by Sanish M.S., Assistant Professor in the department, who introduced Prejin and highlighted the importance of the session's theme in contemporary journalism. Previn P.F., Assistant Professor, felicitated the session and appreciated Prejin's willingness to share his knowledge with the students.

Prejin's interactive style kept the students engaged throughout the session, encouraging them to participate actively in discussions and exercises.





#### GUIDANCE FOR COMPETITIVE ENTRANCE EXAMS FOR UG SCIENCE STUDENTS

On 02-06-2023 Mr.Shejith Edathil ,Managing Director of Futuring-Crafting your Future company has given a class about various entrance exams for UG students for the final year BSc Chemistry and BSc Physics students of S.E.S college at S.E.S college. They were offering online, offline, and blended mode coaching for entrance exams for science students. The participants have attended, and students found it very useful. Dr.Saumya Maria Jacob,Asst Professor,Dept of Chemistry has welcomed the gathering and Mrs.Salija P V, HOD,Chemistry and Dr.Dhanya A C,HOD,Physics have given the Felicitation address. Kumari Sreelakshmi R K has delivered the vote of thanks. Participants ~ 46



# Visit to Radio Mango

11/10/2023

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#### ACADEMIC EXTENSION PROGRAMME

As part of Academic Extension Programme, students as well as teachers of the department visited Kottur AUP School, Sreekandapuram on 25 March 2024. One of the PG students handled the class session on English grammar for the fourth standard students. 9 students attended the session.



# SES COLLEGE SREEKANDAPURAM PG DEPARTMENT OF ENGLISH

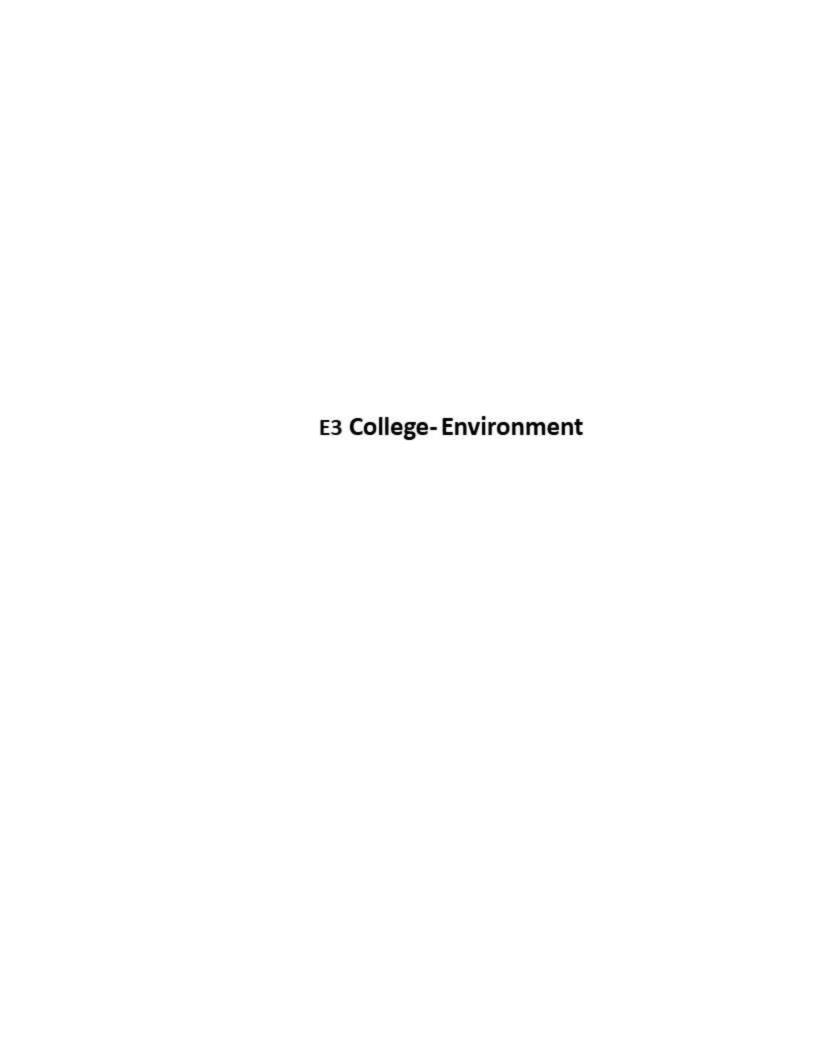
Academic Extension Programme

Venue: Kottur A U P School, Sreekandapuram Date: 25 March 2024, Monday









# CAMPUS CLEANING 23/06/2023

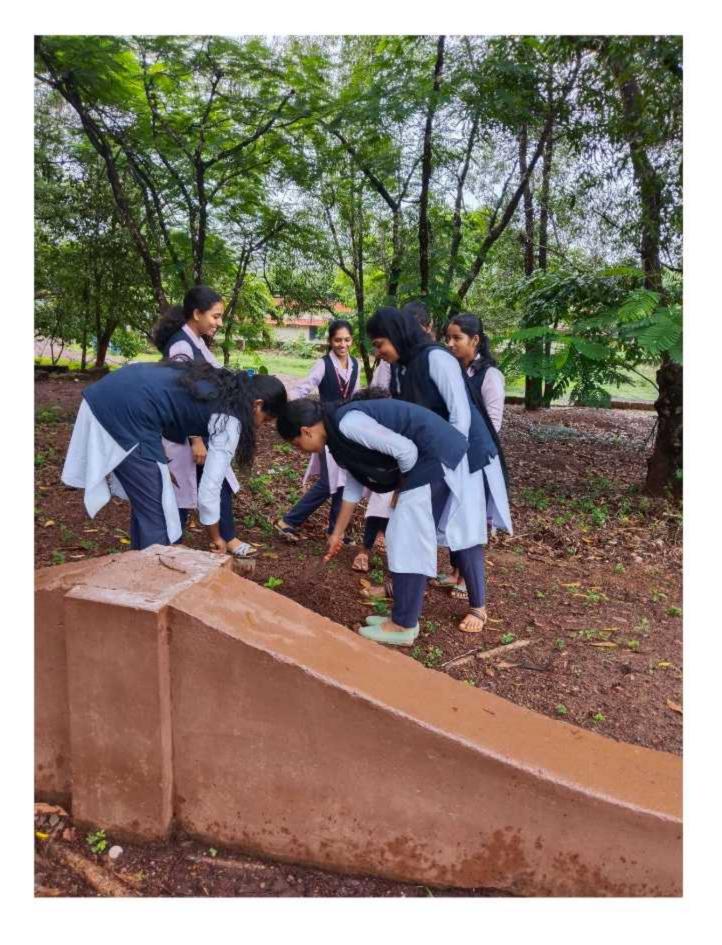
The NSS vulunteers cleaned the campus and maintained the campus trees as a part of dry day declaration.68 volunteers participated in this programme



"Nothing inspires cleanliness more than an unexpected guest." - Radhika Mundra.









# S.E.S COLLEGE, SREEKANDAPURAM **DETAILS OF PARTICIPANTS**

Name of Programme: campus chasing (Dey Day Declardo) Date: 23/06/23

Name of Organising Agency: MSS.

Name and Designation of Resource Person:

Signature:

SL. No.	Name of Student	Programme and batch	Signature	
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4	Nived k C	BSC Maths	Mu/	
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7	Dayasnee Ramachandran	Bcom	of agree	
8	Smeeshoa m.v	BBA	Speedboot	
9	Vyshnavi PP	BBA	Michon	
10	Soudha- m.p	ВВА	Except.	
. 11	Arrya gopinath	BAEnglish	A.	
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24	Anjitha - A	B.com	上海路
95	Neha. K.P	Bsc physics	E L
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# S.E.S COLLEGE, SREEKANDAPURAM <u>DETAILS OF PARTICIPANTS</u>

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Name of Programme:

Date:

Name of Organising Agency:

Name and Designation of Resource Person:

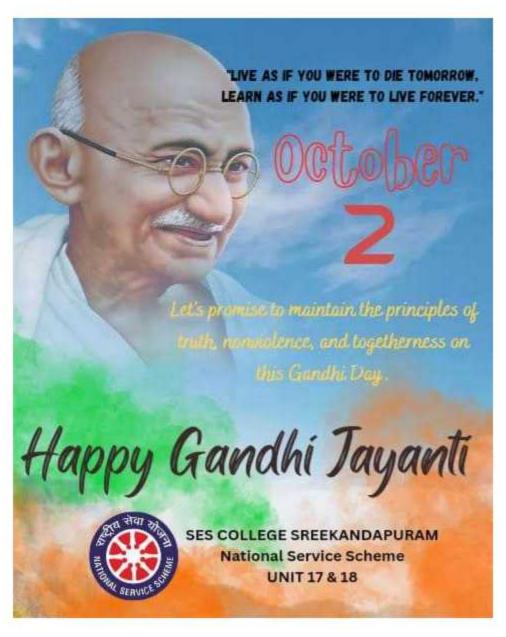
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#### 03/10/2023

## Gandhi Jayanthi Celebration in the campus

The NSS volunteers celebrated Gandhijayanthi in their campus by cleaning the sourroundings of the SES college campus and became a part of Swachatha Hi Seva campaign.68 volunteers participated in this programme









# S.E.S COLLEGE, SREEKANDAPURAM **DETAILS OF PARTICIPANTS**

Name of Programme: Campus cleaning as part of oct 2 Date: 3/10/23.

Name of Organising Agency: NSS

Name and Designation of Resource Person:

Signature:

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# S.E.S COLLEGE, SREEKANDAPURAM <u>DETAILS OF PARTICIPANTS</u>

Name of Programme:

Date:

Name of Organising Agency:

Name and Designation of Resource Person:

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Dr. SHYNI. I S Programme Unit No. I	Officer DEEPU STAND	nme Office tw	S.E.S.	CIPAL

# CAMPUS CLEANING 23/06/2023

The NSS volunteers cleaned the campus and maintained the campus trees as a part of dry day declaration.68 volunteers participated in this programme





## CAMPUS BEAUTIFICATION

### 26/06/2023

The NSS unit took initiative for beatifying the campus by planting the bamboo saplings. The programme was inaugurated by Dr. Dominic Thomas, Principal, SES College Sreekandpuram. 77 volunteers participated in this programme.





### 21/10/2023

## Campus Cleaning

The NSS volunteers took initiative to clean the campus with the aim of making SES College a plastic free campus. NSS volunteers completed this mission in four Saturdays. On four Saturdays, NSS volunteers removed the plastic waste from the college and tried to make this initiative a success.70 volunteers participated in this programme.

# SES College Sreekandapuram Nss unit 17 and 18

# Campus Cleaning

On

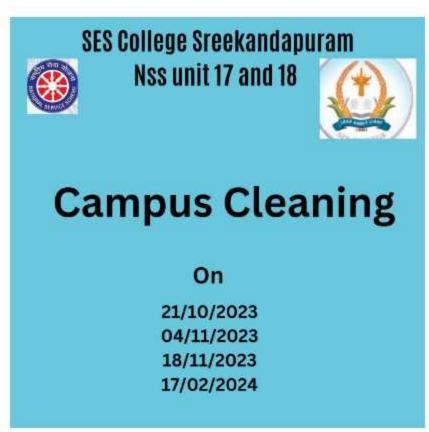
21/10/2023 04/11/2023 18/11/2023 17/02/2024



#### 04/11/2023

#### Campus cleaning

The NSS volunteers took initiative to clean the campus with the aim of making SES College a plastic free campus. NSS volunteers completed this mission in four Saturdays. On four Saturdays, NSS volunteers removed the plastic waste from the college and tried to make this initiative a success.91 volunteers reached the college in the morning and started the cleaning work.







#### 18/11/2023

#### Campus Cleanig

The NSS volunteers took initiative to clean the campus with the aim of making SES College a plastic free campus. NSS volunteers completed this mission in four Saturdays. On four Saturdays, NSS volunteers removed the plastic waste from the college and tried to make this initiative a success.60 volunteers engaged in the cleaning activities.

# SES College Sreekandapuram Nss unit 17 and 18

# **Campus Cleaning**

On

21/10/2023 04/11/2023

18/11/2023

17/02/2024





#### 17/02/204

#### Cleaning programmes at the campus

The NSS volunteers cleaned the campus of SES college and the volunteers also undertaken many things to protect the plants planted in the campus.66 volunteers participated in this programme.

# SES College Sreekandapuram Nss unit 17 and 18



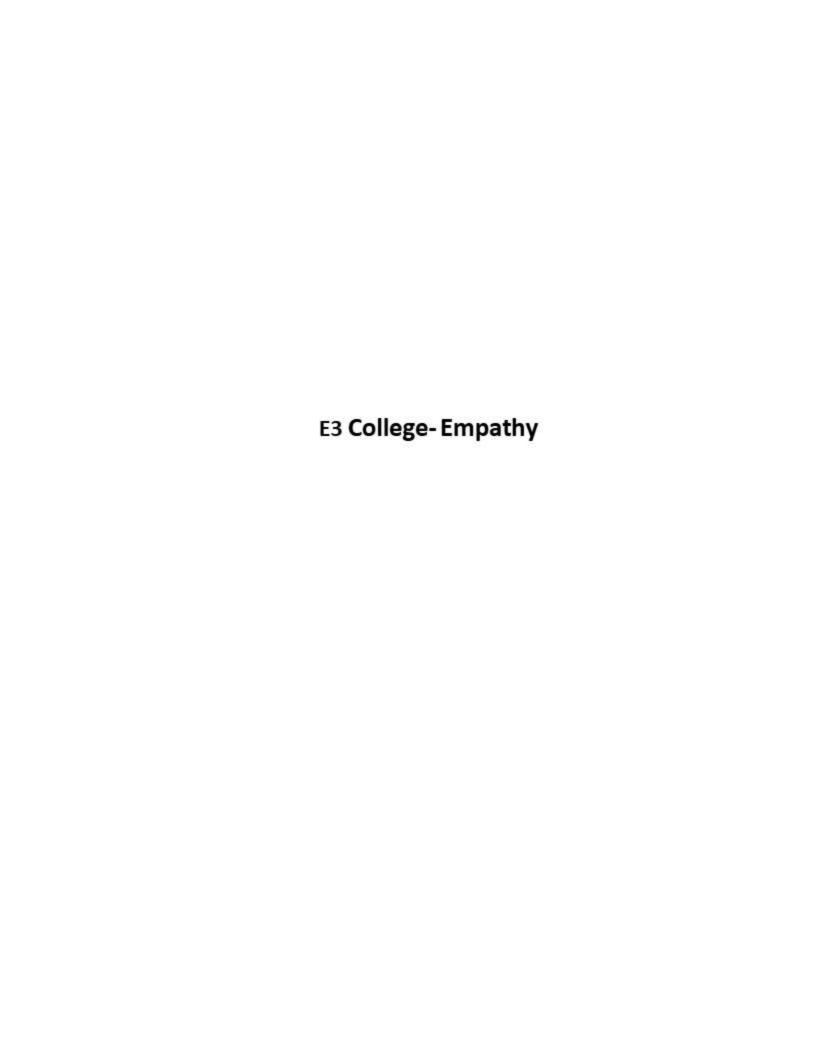
# **Campus Cleaning**

On

21/10/2023 04/11/2023 18/11/2023 17/02/2024

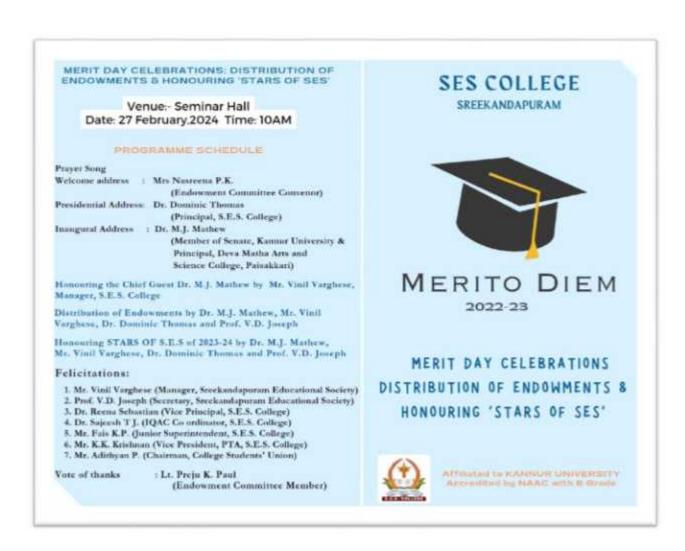






## 2023-24 MERITO DIEM ANNUAL REPORT

The Merito Diem of 2023-24 was organised on Feb 27, 2024 in which the Meritorious students of 2022-23 were honoured. Forty five endowments were distributed and the "Stars of S.E.S." of 2023-24 were honoured during the event. Dr. M.J. Mathew, Principal of Deva Matha Arts and Science College, and Kannur University Syndicate Member was the Chief Guest. The four students who won the Chief Minister's 'Vidhyarthi Prathibha Puraskaram', students who participated and brought accolades to College in the Model Parliament and students who brought laurels in Arts and Sports were remarkably honoured as 'Stars of S.E.S.'





## ENDOWMENTS 2022-23

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Under the auspicious of counselling Centre, a counselling camp was organised in the college campus on 29<sup>th</sup> February 2024. Sri. Satheeshan M V, the counsellor and trainer inaugurated the programme. Counsellors were invited to the function. The students were motivated and 50 students had undergone for individual counselling by the particular counselling camp. It was a relief for the students.







## Individual Counseling

Name of the Programme	Date	Name of the Resource Person	Number Students participated
Individual Counselling	2023-24	Under –SES College Counselling centre	150

## The functioning of the Counselling Centre

The students can approach the counselling centre at any time. The class teachers and department heads also refer the cases. All the students are free to approach the counselling centre. Dr. Sunitha Joseph, co-ordinator of the centre and PGDCP holder (Post Graduate Diploma in Counselling and Psycho- therapy) meet the students in the free hours and consult the cases. In certain cases counselling facility is given to the parents also. The practice of counselling and psychotherapy depends on gaining and honouring the trust of clients. The students feel free and comfort with the counselling.

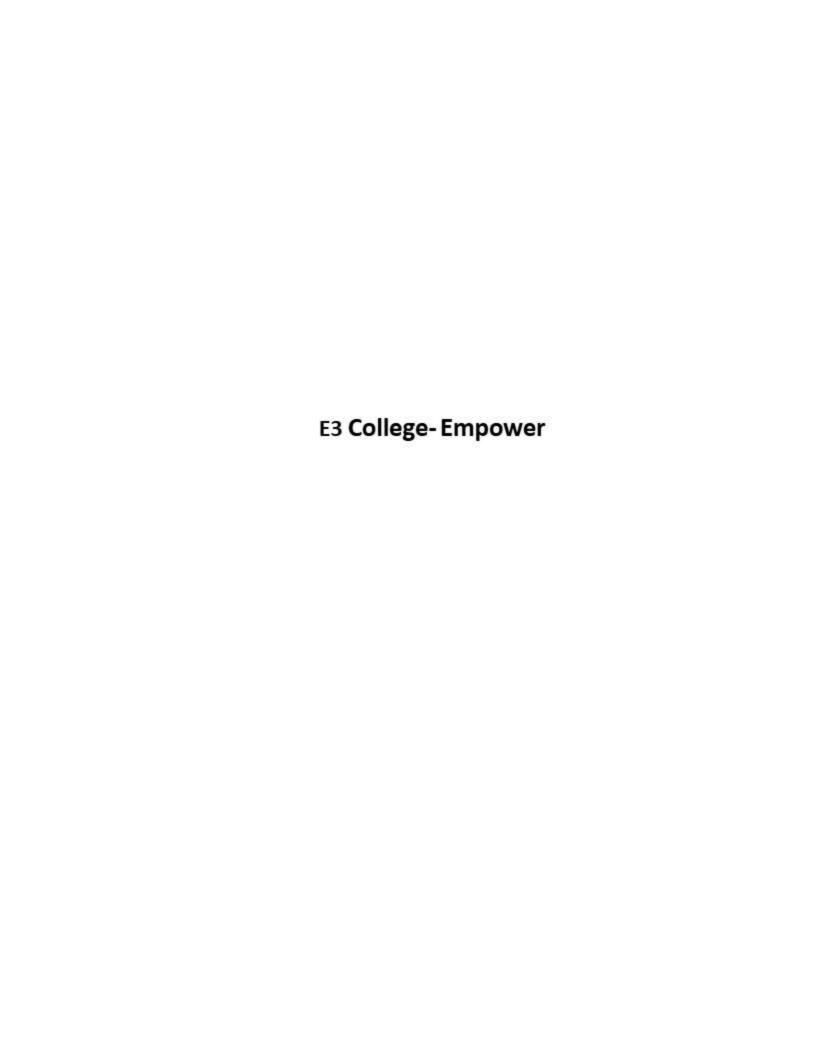


## JNTROSPECTJON - 23-24

Date	Name of the Resource Person and programme	List of counselors	Number Students participated	
			Individual counseling	Seminar
29-02- 2024	Sri .Satheesan MV  One day seminar on counseling and mental health	1.Sri Pradeepan Malooth 2.Smt Reena 3.Smt shibhila 4.Smt mislath	50	250



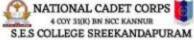
E3 Society-Empower, Environment, Empathy



## ANTI DRUG CAMPAIGN -20/10/2023

To raise awareness about drug abuse and to combat the spread of drugs on and off campus, a musical drama was organised by The NCC Unit, NSS Unit and students of S.E.S College Sreekandapuram. The program was conduced on 20th October 2023. It was a great success.





#### CAREER ORIENTATION CLASS

On December 13, 2023, Career Guidance Cell of S.E.S. College in collaboration with BTRAC organised a Career Orientation Programme. Mr. Mohan George, a distinguished Corporate Trainer, Career coach, and Hypnotic Consultant, hosted the enlightening "Vocational Vibes" programme. This event aimed to provide participants with valuable insights into vocational development, career coaching, and the application of hypnotic techniques for personal growth. He commenced the program with an impactful career coaching session. He shared profound insights into effective career planning, emphasizing the importance of aligning one's skills and passions with professional goals. Attendees gained a clearer understanding of potential career paths and strategies for career advancement.









#### CONNECT CAREER TO CAMPUS - ORIENTATION

Career Guidance Cell of S.E.S. College, in collaboration with the Kerala Knowledge Economy Mission, hosted a Programme on January 10, 2024, focusing on converting academic knowledge into economic opportunities. It was a highly engaging and interactive session led by Ms. Christeena Sebastian, Talent Curation Executive, emphasizing the necessity for Skills development. The event concluded successfully with the registration of every final-year student on the DWMS (Digital Workforce Management System) platform.



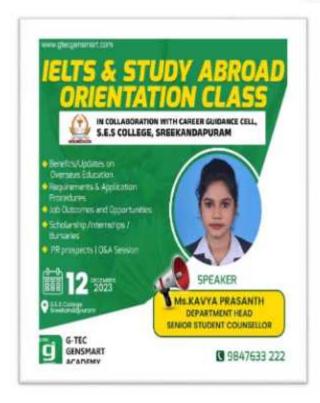






#### STUDY ABROAD ORIENTATION CLASS

On December 12, 2023, S.E.S. College Career Guidance Cell hosted an insightful orientation programme in collaboration with G TEC GENSMART ACADEMY that aimed at providing students with valuable information on studying abroad and enhancing their skills through the International English Language Testing System (IELTS). The primary objective of the orientation programme was to guide students through the process of studying abroad, emphasizing the importance of IELTS for academic and professional success. The orientation program at S.E.S. College successfully empowered students with comprehensive knowledge about studying abroad and the importance of IELTS. Ms. Kavya Prashanth, Department Head and Senior Student Counsellor, G TEC GENSMART ACADEMY, was the Resource Person. The interactive nature of the event fostered engagement and enthusiasm among attendees.





#### Civil Services Examination Orientation

Career Guidance Cell, S.E.S. College, Sreekandapuram organised a Civil Services Examination Orientation for the Final Year UG students in collaboration with Kerala State Civil Service Academy, Kalliasserry on Feb 13, 2024 at Seminar Hall from 11.30am to 1.00pm. The Kerala State Civil Service Academy Kalliassery Centre Co – Ordinator Mr. Shivakumar and the Trainer Mr. Edwin were the Resource persons. It was a proactive step by SES College Sreekandapuram to prepare students for potential career paths in the civil service sector. The session covered various aspects such as exam structure, eligibility criteria, syllabus, preparation strategies, and the significance of civil services in nation-building. It aims to provide valuable guidance and support to students interested in pursuing civil service careers, equipping them with the necessary information and resources to navigate the examination process effectively.





#### CAREER GUIDANCE WORKSHOP

The Career Development Workshop was led by Mr. Anand S. Unni in S.E.S. College's Seminar Hall from 10.00 am to 12Noon that aimed to guide students on navigating the complexities of career planning and development. He facilitated a comprehensive exploration of diverse career paths, taking into consideration students' interests, skills, and aspirations. The session encouraged students to think beyond conventional choices and consider emerging opportunities. Drawing on his expertise, he shared real-world experiences and insights into various industries. This practical perspective provided students with a deeper understanding of the professional landscape.





# CLASS ON "HOW TO FACE AN EXAM & PERSONALITY DEVELOPMENT"

The Career Guidance Cell of S.E.S. College organised a session on "How to face an Exam and Personality Development" in collaboration with Sree Shankaracharya Computer Centre, Sreekandapuram on Feb 15 from 10.30 am to 12.30 pm at the Seminar Hall. Mr.Jayapal, the trainer was an experienced Educator known for his expertise in Exam preparation techniques and Personality Development. He conducted a highly informative session. The session aimed to equip students with practical strategies to effectively face exams with confidence. He emphasized the importance of acknowledging and managing these feelings to maintain optimal performance during exams. The session focused on promoting smart study techniques rather than just extensive studying. He also introduced methods such as active learning, self-testing, and spaced repetition to enhance retention and comprehension of study material.





# 4. Tips to Qualify PG Entrance Exams: Coaching Series Inauguration by ALUMNI

Tips to qualify various entrance exams, a coaching series was inaugurated on 07/09/23. It was an initiation by ALUMNI of our department. Keerthi, ALUMNI (17-20 Batch) inaugurated the same by handling session on the same. All students of our department benefitted it.





# 7. Power Quiz: State Level Quiz Competition by KSEB

Kerala State Electricity Board conduct Power Quiz every year. It is a state level Quiz competition for School and College students. Students of various departments actively participated in the event on 21/11/2023. Thushar Babu of Physics department won First prize.







## 10. Skill Acquisition Programme:Language and Communication Skill

Language and communication skill development seminar was conducted on 23<sup>rd</sup> January. Students from various departments benefitted the same. Sneha P P, Professional Social worker and trainer handled the session.

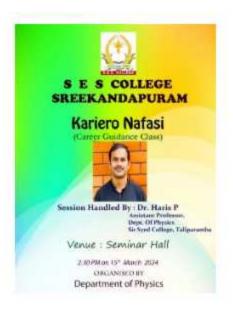






# 12. KARIERO NAFASI: Career Guidance Programme

Career guidance programme was conducted by the department on 15<sup>th</sup> March. Dr Haris P, Assistant Professor, Sir Syed College Taliparamba delivered a talk on it. Students familiarized various career options and interacted actively.



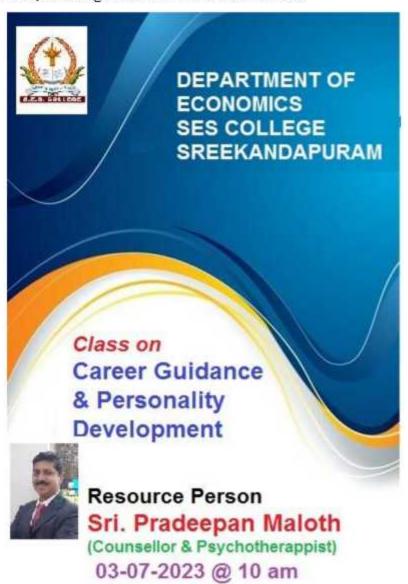


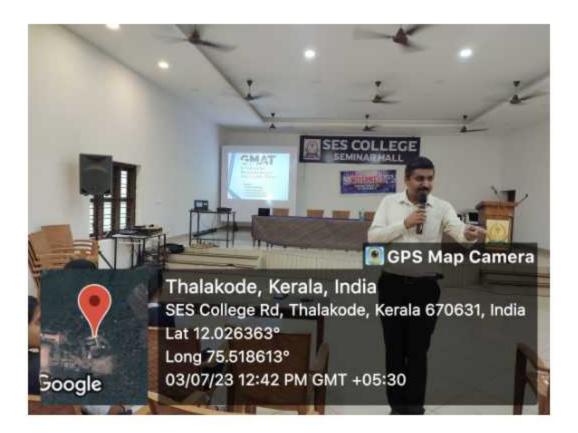


Department of Physics, Activity Report 23-24

#### TRAINING FOR COMPETITIVE EXAM - 30

Preparing for competitive examinations is crucial for college students aiming to pursue further studies or careers in their chosen fields. Practice is key to success in competitive exams. Solve previous years' question papers and to familiarize yourself with the exam pattern and improve your time management skills. The department conducted a one day session on career guidance and personality development on 3-7-2023. 30 students participated in the programme. Sri. Pradeepan Maloth, a leading career counsellor lead the class.

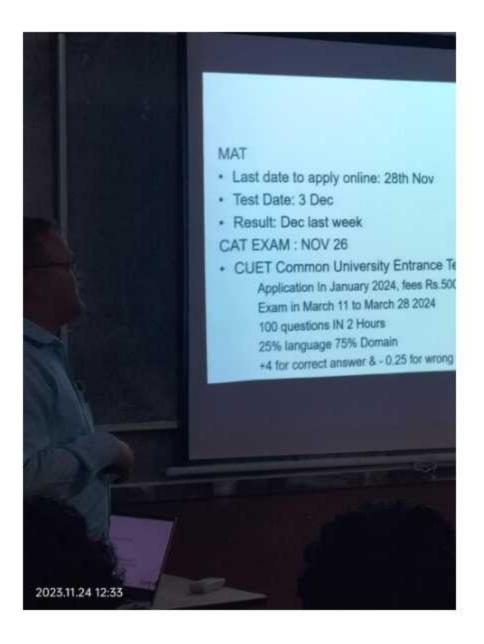




#### CAREER GUIDANCE CLASS

Career guidance classes play a vital role in equipping graduate students with the knowledge, skills, and resources necessary to make informed career decisions, navigate competitive job markets, and achieve their professional aspirations effectively. They complement academic learning by preparing students for successful careers and lifelong professional development. Many graduate students enter their programs with a general idea of their career path but benefit from guidance to refine their goals and aspirations. Career guidance classes help them explore various career options within their field of study and align their academic pursuits with their career objectives. With these objectives, the department has organized a career guidance class on 24-11-2023. The class was lead by one of the long experienced resource person in this area. Career guidance provides them with insights into different career pathways, industry trends, and the skills and qualifications required for success in their chosen fields.





#### SKILL- ENHANCEMENT PROGRAMME

As part of developing ICT skills among students, the department organized seminar presentations by students on 13-11-2023. Seminar presentations supported by ICT provide students with a valuable opportunity to develop essential skills, enhance their learning experience, and prepare them for future academic and professional endeavors. It encourages creativity, collaboration, and effective communication, making it a valuable educational tool in modern learning environments. ICT tools such as PowerPoint or Prezi enable students to create visually appealing slides that support their verbal presentation. ICT allows students to integrate multimedia elements such as images, videos, and audio clips into their presentations.



NAME OF PROGRAMME : CAREER SYMPOSIUM

NAME OF ORGANISING AGENCY : DEPARTMENT OF ENGLISH

NAME AND DESIGNATION OF RESOURCE PERSON:

Mr.SHAMMAS [Career guide]

DATE: 13/11/2023

NUMBER OF PARTICIPANTS: 36





#### REPORT:

Department signed an MoU with Kerala Career Forum, Taliparamba for organizing Career Guidance Class. Mr. Shammas Abdul Khader delivered the Career Guidance lecture to the students on Nov 13, 2023. The session was really resourceful one for the students with regard to knowing the latest career trends and opportunities.

NAME OF PROGRAM: COMMUNICATION SKILL

NAME OF ORGANISING AGENCY: DEPARTMENT OF ENGLISH

DATE: 13/02/2024

NAME AND DESIGNATION OF RESOURCE PERSON: JOBISH

NUMBER OF PARTICIPANTS: 65



#### REPORT:

The English Department of SES college organized a session on communication skills on 13<sup>th</sup> February 2024 in the seminar hall. The resource person for the programme was Jobish M Joseph. The aim of the session was to improve the communicative skills of the students. The session also included some tasks which boost the confidence of studens to address the audience.

## FLOURISH- SESSION ON LANGUAGE & COMMUNICATION SKILLS

The Department of Commerce-BBA organized a session on language and communication skills on 14, August 2023. The session was inaugurated by Head of the Department Ms. Anumol Thomas. The resource person, Mr. Muhammed Nayeef, introduced the skills required for communication and free apps for learning the English language. Fifty one BBA students participated in the session. This programme was very useful, interesting and informative for the students. The Resource person handled the session very effectively.







Department of Commerce-BBA Activity Report 2023-2024

#### TARGET - CAREER GUIDANCE PROGRAMME

As part of the target program of the department, in association with Chanakya Business School, a career guidance program was arranged on November 13, 2023, for the final year students of BBA. Twenty final-year students participated in it. They had the opportunity to clear their doubts about CMA-India and CMA-US.



#### WORKSHOP ON COMPUTERISED ACCOUNTING-TALLY

On November 28, 2023, the Department of Commerce-BBA organized a workshop on the topic of computerized accounting using Tally. The session was inaugurated by Head of the Department Ms. Anumol Thomas. The resource person, Ms. Anagha, introduced the basics of Tally and provided a practical session on it. Thirty-two first-year BBA students participated in the workshop. This initiative was undoubtedly beneficial, bridging the gap between theory and real-world application for the students.







### CAREER GUIDANCE

# Talk on career in Management Through Management Exams



Department of commerce SES college Sreekandapuram organized a webinar on 10/06/2023 on career opportunities in association with Entri App at 7:00pm. This webinar mainly targeted prospective students of the commerce department. It created awareness about career options in management. The session was handled by C Siva Baskaran, career expert of Entri App. The resource person gave detailed information about various management entrance exams, Institutions offering MBA courses, their fee structure, job opportunities etc. 110 students joined this webinar. Welcome speech was delivered by Jasna P(Assistant Professor) and Vote of thanks delivered by Shyni MC (Assistant Professor).

### SUBJECT TALK WITH COLLABORATION

## **Investor Awareness Program**



Department of Commerce, SES College Sreekandapuram in association with Krisha foundation Mumbai conducted a webinar Investor Awareness Program on 17 june 2023 at 10:00 AM on Zoom Meet. The session was handled by Mrs Surabhi Gawade, trainer for financial literacy and investor education. The course started with the welcome speech of Shamila KK (II BCOM). It was a very useful class for students. 54 students participated in this session. Finally the program winded up by the vote of thanks of Miss Salima K K (II Bcom).

## CAREER CAFE - CAREER GUIDANCE PROGRAMME



The department of Commerce SES college Sreekandapuram organized a seminar on 13/09/2023 on career opportunities at 10:30 am. This seminar was on the topic "A Seminar on career development". The session was handled by Mr Subin Das K, assistant professor and coordinator students affairs, IIC Lakshya. 55 students participated on that. Welcome speech was delivered by Keerthana Prakashan (III BCom). Session inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Sapthami VV (III BCom).

## CAREER CAFE - CAREER GUIDANCE PROGRAMME

## WHY CMA US IS A SMARTER WAY TO BE PROFESSIONALLY CERTIFIED



The commerce department of SES college Sreekandapuram conducted a seminar on 19/9/2023 at 2 pm on the topic WHY CMA US IS A SMARTER WAY TO BE PROFESSIONALLY CERTIFIED. The resource person of the session was Mr Suhail, Learn C, Thaliparamba. 55 students participated in this program.

## COMMUNICATIVE SKILL DEVELOPMENT PROGRAMME

## HOW TO IMPROVE PROFESSIONAL ENGLISH COMMUNICATION SKILLS



SES college Sreekandapuram Department commerce organized a communicative skill development program "How to improve professional english communication skills "on 08/11/2023 at10:30-11:30 AM. The session was taken by Mr Harikrishna V S Chanakya Business School, Calicut. 111 students participated in the program. The welcome speech was delivered by Dr Shyni MC(Assistant Professor) The program was inaugurated by Jasna P(HOD Department of Commerce) and Vote of thanks given by Jumaila K(Assistant Professor).

#### SKILL DEVELOPMENT PROGRAMME

## How does NSDC helps to Build your accounting career



The department of Commerce SES college Sreekandapuram organised a seminar on 23/11/2023 at 10:30 am. This seminar was on the topic How does NSDC helps to Build your accounting career. The session was handled by Mr Sreejith P R, career counsellor, Finishing School India, Vytila, Kochi. 55 students participated on that. Welcome speech was delivered by Shakkir PV Assistant Professor (Department of commerce). Programme inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Shyni. MC Assistant Professor (Department of commerce).

## CAREER CAFE - CAREER GUIDANCE PROGRAMME

#### LOGISTICS SKILLS



SES college Sreekandapuram Department of commerce organised a career guidance program "LOGISTICS SKILLS" on 05/12/2023 at 1pm. The session was handled by Mr Sanesh Sharma, Career consultant, Navalok Academy of logistics and supply chain management-Kochi. 55students participated in the program. Welcome speech was delivered by Jumaila. K, Assistant Professor (Department of commerce). Programme inaugurated by Jasna P HOD (Department Of Commerce) and vote of thanks by Shyni.MC Assistant Professor (Department of commerce).

## Visit to Radio Mango

11/10/2023

Students from the Communication and Journalism Department were selected to visit Radio Mango.



On October 11, 2023, they visited Radio Mango from 10 AM to 2 PM. This visit aimed to provide students with a practical understanding of radio broadcasting and production.

The following students participated in the visit:

Marya Kuriakose, Anjali Krishnan, Najma Nazar, Ashrya V, Lijitha M and Arika K.

The visit began with an engaging discussion with the Radio Jockeys (RJs) of Radio Mango. The RJs shared their experiences, challenges and insights into the world of radio broadcasting. The technical staff explained the processes involved in ensuring high-quality audio output and the importance of maintaining technical precision. A highlight of the visit was a talk show program hosted by one of the RJs, in which the students participated. They experienced firsthand how a live talk show is conducted, including the preparation, scripting and on-air dynamics. This interactive session allowed students to understand the flow of a live broadcast and the spontaneity required in such settings.

## Participation in Speak for India Debate Competition

#### Mathrubhumi Newspaper in collaboration with Federal Bank

The Communication and Journalism Department is proud to say the participation of its students in the prestigious 'Speak for India' debate competition. This event, organized by Mathrubhumi Newspaper in collaboration with Federal Bank, is a significant platform for young debaters to showcase their skills and engage in meaningful discourse on various social issues.

Four students from the department actively participated in the competition: Anamika CK, Marya Kuriakose, Arika K, Vismaya M

#### Social Responsibility Program

The 'Speak for India' debate competition is not only a platform for intellectual exchange but also a social responsibility program. It aims to foster critical thinking, public speaking skills and social awareness among the youth. The participation of our students aligns with the department's commitment to social extension and community engagement. The topics included matters related to social justice, environmental sustainability, economic policies and technological impacts on society.

The students' involvement in this social responsibility program highlights the importance of engaging with community issues and using their voices to advocate for positive change.





## SRADHA, & ANC

SRADHA -Students Rescue against Drug Habits and Addiction and ANC Anti-Narcotic Cell are two vital entities at SES College dedicated to addressing
the issue of drug abuse on campus. This report provides an overview of their
collaborative activities and initiatives in promoting a drug-free and healthier
campus environment.



Anti Drugs Club Report Page 9

#### CLASS ON INTRODUCTION TO COMPUTATIONAL TOOLS FOR A CHEMIST

A class on introduction to computational tools for a chemist was conducted on 13<sup>th</sup> February 2024. The session was handled by Dr.Rajeesh P, Assistant Professor, Nehru arts and Science College, Kanhangad, as a part of MoU. It was conducted at 1.30 pm at BSc 3DC classroom. All students of 3<sup>rd</sup> year BSc Chemistry participated in this class. Participants ~ 15







#### SELECTION OF BEST STUDENT- TEACHER (2023-24)

The selection of best student- teacher in the department of Chemistry for the academic year 2023-24 was conducted on 25<sup>th</sup> March 2024 for the improvement and recognition of the teaching skills of the students. The programme was held at 1.30pm. Devika M K of 3<sup>rd</sup> BSc Chemistry was selected as the Best Student-Teacher. Participants ~21









## ANTI-DRUGS AWARENESS PROGRAMME (20-10-2023)

On October 20, 2023, a spirited and impactful anti-drug flash mob was inaugurated by MLA Adv. Sajeeve Joseph. The event was organized to raise awareness about the dangers of drug abuse among the youth and to promote a drug-free lifestyle in our community. Itwas a dynamic display of coordinated dance performances and expressive movements. Led by enthusiastic students and community members, the choreographed routines conveyed powerful messages of resilience, unity, and determination in the fight against drugs. Participants showcased their creativity and talent, captivating the audience with their synchronized movements and spirited performances.



Anti Drugs Club Report Page 8

#### INDUSTRIAL VISIT TO DEPARTMENT OF PHYSICS, KANNUR UNIVERSITY

The faculties and students of 3<sup>rd</sup> BSc Chemistry freely visited Department of Physics ,SAT Campus,Payyanur on 16<sup>th</sup> November 2023 as part of Linkage signed between Heads of two institution. Various instruments and analysis methods were explained by Mr.Akhilesh T Technical Assistant of University Instrumentation Cell to the students. Participants ~21







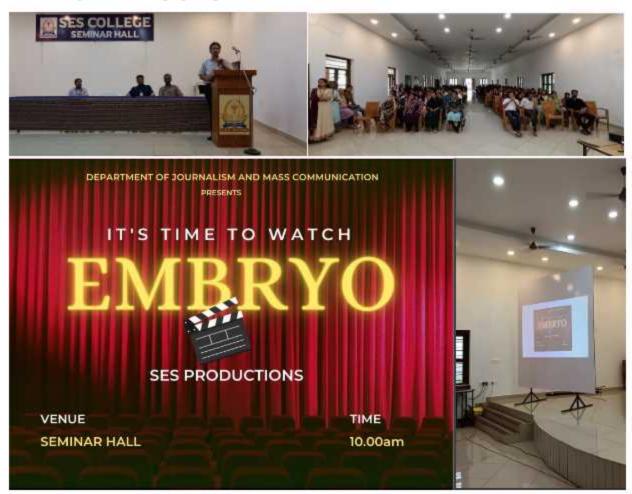
#### 'Embryo' Screening of Productions

2/08/2023

The Communication and Journalism Department organized a special program titled 'Embryo,' featuring the screening of student production works on August 2, 2023. The event was held in the seminar hall, where all teachers and first-year UG students gathered to enjoy the creative outputs of MAJMC students.

The program was inaugurated by the Principal, Dr. Dominic Thomas. Deepu Jose K, the Head of the Department, delivered presidential address and explained the purpose and significance of the 'Embryo' program. Dr. Sajesh T.J., the IQAC Coordinator, delivered the felicitation address. Previn P.F., a faculty member from the department, delivered the welcome speech.

The highlight of the event was the screening of various student production works. These productions showcased the talent, creativity and technical skills of the MA Journalism and Mass Communication students. The audience, comprising faculty members and first-year students, thoroughly enjoyed the diverse array of films and projects presented.



#### Media Conclave 2024

Date: March 2-4, 2024

Venue: Kerala Media Academy, Kochi

11 students from the MAJMC first-year batch participated in the Media Conclave 2024, organized by the Kerala Media Academy in Kochi. It was an enlightening and enriching experience for them. Held from March 2 to March 4 2024 the event aimed to bridge the gap between media students and industry professionals, fostering a deep understanding of the current trends and challenges in the media landscape.



#### **Participants**

The following students from the first-year MAJMC batch actively participated in the conclave:

Vismaya P., Chandana K, Mihada S.P., Adithyakrishna M.V., Varna M., Anusree K.V., Vaishnavi P., Avani K.S., Anjana V.V., Adhithyan P. and Shada M.

The conclave featured a series of engaging sessions and activities that covered a broad spectrum of media-related topics. These sessions provided students with valuable insights and a comprehensive understanding of the media world.

Media Bias and Palestine, AI and the Changing Media World, Media Quiz 'Know the Truth', Loksabha Election and Media, New Media at the Time of Election, Sidelined Community and Media, Radio @ 100, 175 Years of Print Media.

The conclave was graced by the presence of numerous eminent media professionals and cultural figures who shared their expertise and experiences with the participants. They included B.R.P. Bhaskar. Sasikumar, K.R. Mohanan, S.R. Shakthidaran, Dhanya Rajendran, P.P. Sasi, Thomas Jacob, K.C. Narayanan, Sushama Mohan, Balakrishnan Periya, RJ Neena, Shibu Malayail, RJ Nitha. Meena Koduval, Suresh Vellimangalam, Sreekandan Nair, Johny Lukose, Jayanth Jacob, P.M. Manoj, M.R. Harikumar. Ram Mohan Paliyath. N.E. Sudheer, Seema Mohanlal, Veyil Abad, K. Rajendran, Sathri Ramchandran,

P.M. Narayanan, V.M. Ibrahim, Arun Ram, M.V. Nikesh Kumar, Dr. Achuth Sankar, Sunil Prabakar, Quiz Master G.S. Pratheep

The Media Conclave 2024 was a highly successful event that allowed MAJMC students to engage with leading media professionals, participate in thought-provoking discussions, and gain practical insights into the media industry. The diverse range of topics covered during the conclave equipped the students with a deeper understanding of contemporary media issues and trends. This experience not only enhanced their academic knowledge but also inspired them to pursue their media careers with renewed enthusiasm and a broader perspective.







#### PENCIL DRAWING COMPETITION

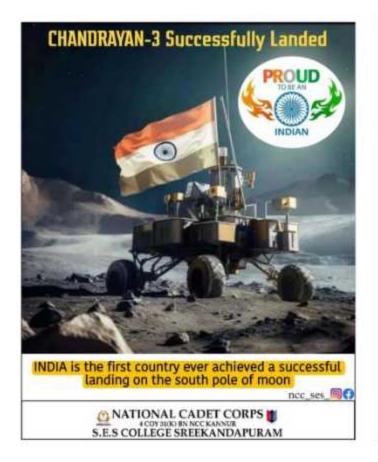
The NCC Unit of S.E.S College Sreekandapuram organised a Pencil Drawing Competition at the Seminar Hall in association with The Anti Drug Club. The program was held in the presence of Dr Dominic Thomas(Principal of S.E.S College Sreekandapuram), Lt.Preju K Paul(ANO of S.E.S College Sreekandapuram) and Dr. Sunitha Joseph (). The first prize was bagged by Arathi M V of 2nd yr BA English. Second prize winner was Rimzana of 3rd yr BA English. Third prize winner was Nandu Mohanan of 2nd yr BA Economics. The prize was distributed by Dr. Dominic Thomas. There were 24 participants in this event. The program was successful in instilling the importance of working against drug abuse to establish a Drug- Free community.



## CHANDRAYAN -3 LANDING - 23/08/2023

INDIA is the first country ever achieved a successful landing on the south pole of moon. The Chandrayaan-3 was launched on July 14, 2023, from Sriharikota space station in Andhra Pradesh.

To support the mission on the day the NCC cadets of S.E.S College Sreekandapuram watched the live streaming of CHANDRAYAN -3 launching.





#### REPORT

## Selection For National Level Debate Competition

### FDSJ, SES COLLEGE SREEKANDAPURAM

19/09/2023

Date: September 19, 2023

Time: 11: 30 AM

Venue: MAJMC Dept., SES College, Sreekandapuram

The Forum for Democracy and Social Justice (FDSJ) Wing at Sreekandapuram organized a debate competition on September 19, 2023 at the SES College, Sreekandapuram. This event was held to select a representative for the upcoming National Level Debate Competition. Six students from various departments actively participated, showcasing their oratory and critical thinking skills.

The competition was supervised by the FDSJ Wing, ensuring a fair and rigorous selection process. The panel of judges included Dr. Sunitha Joseph, Assistant Professor of the Economics Department and Samson Rajan, Assistant Professor of the English Department. Their expertise and impartial judgment were crucial in evaluating the participants.

After a series of compelling debates, Vismaya Prakash, a second-year MAJMC student, emerged as the winner. She was selected to represent the college in the Debate competition at Kannur University as part of the selection for the National Level Debate Competition.

#### Outcome

The debate competition was a successful and enriching experience for all participants. It not only highlighted the intellectual capabilities of the students but also fostered a spirit of healthy competition and public speaking. The selection process for the national competition is a testament to the high standards upheld by the FDSJ Wing in nurturing academic excellence and critical discourse.

## CLASS ON CAREER GUIDANCE AND COMPETITIVE EXAM[Alumni Engagement]

On 12<sup>th</sup> January 2024, the Department of Chemistry conducted a class on Career and Competitive exam Guidance at 10.30 am. The session was handled by Mr.Sugith Baby Research Scholar, Alumnus, SES college. The students of BSc Chemistry participated in this programme. Participants ~ 16







## Participation in Speak for India Debate Competition

#### Mathrubhumi Newspaper in collaboration with Federal Bank

The Communication and Journalism Department is proud to say the participation of its students in the prestigious 'Speak for India' debate competition. This event, organized by Mathrubhumi Newspaper in collaboration with Federal Bank, is a significant platform for young debaters to showcase their skills and engage in meaningful discourse on various social issues.

Four students from the department actively participated in the competition: Anamika CK, Marya Kuriakose, Arika K, Vismaya M

#### Social Responsibility Program

The 'Speak for India' debate competition is not only a platform for intellectual exchange but also a social responsibility program. It aims to foster critical thinking, public speaking skills and social awareness among the youth. The participation of our students aligns with the department's commitment to social extension and community engagement. The topics included matters related to social justice, environmental sustainability, economic policies and technological impacts on society.

The students' involvement in this social responsibility program highlights the importance of engaging with community issues and using their voices to advocate for positive change.



### Adding a Human Touch to Journalism

30/1/2024

On January 30, 2024, the Communication and Journalism Department was honored to host an enlightening session titled "Adding a Human Touch to Journalism," led by Prejin, a notable alumnus of our department and an accomplished journalist, working at Malayala Manorama. The session was specifically designed for first year MAJMC students to enhance their understanding of empathetic and human-centered journalism.

The session was warmly welcomed by Sanish M.S., Assistant Professor in the department, who introduced Prejin and highlighted the importance of the session's theme in contemporary journalism. Previn P.F., Assistant Professor, felicitated the session and appreciated Prejin's willingness to share his knowledge with the students.

Prejin's interactive style kept the students engaged throughout the session, encouraging them to participate actively in discussions and exercises.





#### GUIDANCE FOR COMPETITIVE ENTRANCE EXAMS FOR UG SCIENCE STUDENTS

On 02-06-2023 Mr.Shejith Edathil ,Managing Director of Futuring-Crafting your Future company has given a class about various entrance exams for UG students for the final year BSc Chemistry and BSc Physics students of S.E.S college at S.E.S college. They were offering online, offline, and blended mode coaching for entrance exams for science students. The participants have attended, and students found it very useful. Dr.Saumya Maria Jacob,Asst Professor,Dept of Chemistry has welcomed the gathering and Mrs.Salija P V, HOD,Chemistry and Dr.Dhanya A C,HOD,Physics have given the Felicitation address. Kumari Sreelakshmi R K has delivered the vote of thanks. Participants ~ 46



## Visit to Radio Mango

11/10/2023

Students from the Communication and Journalism Department were selected to visit Radio Mango.



On October 11, 2023, they visited Radio Mango from 10 AM to 2 PM. This visit aimed to provide students with a practical understanding of radio broadcasting and production.

The following students participated in the visit:

Marya Kuriakose, Anjali Krishnan, Najma Nazar, Ashrya V, Lijitha M and Arika K.

The visit began with an engaging discussion with the Radio Jockeys (RJs) of Radio Mango. The RJs shared their experiences, challenges and insights into the world of radio broadcasting. The technical staff explained the processes involved in ensuring high-quality audio output and the importance of maintaining technical precision. A highlight of the visit was a talk show program hosted by one of the RJs, in which the students participated. They experienced firsthand how a live talk show is conducted, including the preparation, scripting and on-air dynamics. This interactive session allowed students to understand the flow of a live broadcast and the spontaneity required in such settings.

#### ACADEMIC EXTENSION PROGRAMME

As part of Academic Extension Programme, students as well as teachers of the department visited Kottur AUP School, Sreekandapuram on 25 March 2024. One of the PG students handled the class session on English grammar for the fourth standard students. 9 students attended the session.



# SES COLLEGE SREEKANDAPURAM PG DEPARTMENT OF ENGLISH

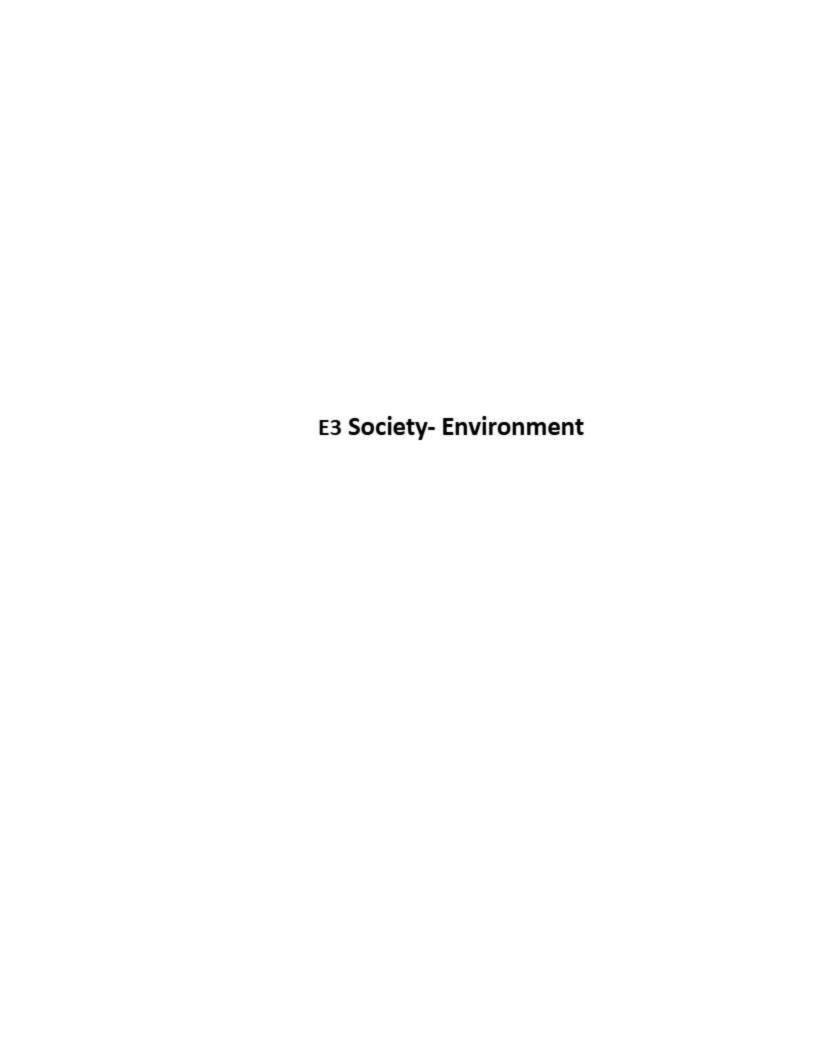
Academic Extension Programme

Venue: Kottur A U P School, Sreekandapuram Date: 25 March 2024, Monday









#### VISIT TO ECOLOGICAL SITE

Organizing a student visit to an ecological site can offer numerous educational benefits and enriching experiences. Visiting an ecological site provides students with the opportunity for hands-on learning experiences. They can observe and interact with different ecosystems, plant and animal species, and geological features, which enhances their understanding of ecological concepts taught in the classroom. The students of Economics department visited Madayi beach and enjoyed the natural beauty of the place. 37 students participated in the trip. As part of the visit the students collected the plastic waste deposited in the beach and kept it in the respective bins.



#### SOCIAL EXTENSION PROGRAMME - 14

As part of a social extension program, we have cleaned a nearby PHC. It was a commendable initiative by the students, that can contribute to the well-being of the community. Visit the Public Health Centre to assess its cleanliness and identify areas that require attention. Take note of any specific cleaning tasks that need to be addressed, such as garbage disposal, sanitization of common areas, or organizing medical supplies. Recruit volunteers from among the college students, faculty, staff, and members of the local community who are interested in participating in the cleaning activity. Promote the event through college announcements, social media, posters, and word-of-mouth to attract volunteers. Through this programme, college students can contribute to the improvement of community health and well-being while fostering a sense of social responsibility and civic engagement.



## NAME OF PROGRAM: NATURE CAMP [EXTENSION ACTIVITY]

NAME OF ORGANISING AGENCY : KERALA FOREST &WILDLIFE DEPARTMENT

DATE: 19/09/2023

NUMBER OF PARTICIPANTS: 29



#### REPORT:

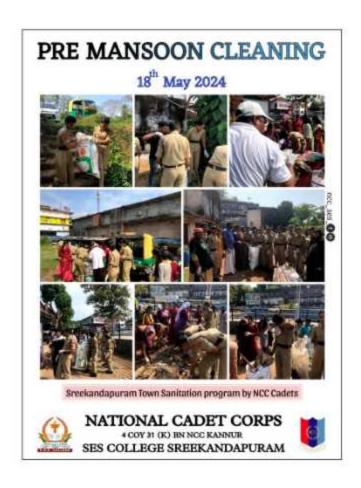
The Department of English, SES College hosted a Nature Camp at Tholpetty Wildlife sanctuary on August 19 and 20<sup>th</sup> in 2023 with the goal of nurturing students appreciation for nature, wild life and environmental conservation. Specifically, the camp was conducted in Begur, that was the boarder of Karnataka and Kerala. The team started from Sreekandapuram by 12.15 pm and reached Tholpetty by 04.30 pm. Then interactive section was conducted by 7 pm. It lasted for more than two and half hours. Afterwards the team had dinner and retired for the night. The very next morning after breakfast, a 16 km guided nature trekking was organized through the forest that helped in gaining valuable insights in to the local flora and fauna and the delicate ecosystem balance. After the trucking the lunch was served at 02.30 pm and the team eventually departed from the sanctuary, with refreshed bodies and souls by 3 pm. It was a memorable

## PRE MANSOON CLEANING -18/05/2024

The NCC unit of S.E.S. College Sreekandapuram conducted a Pre-Monsoon Sanitation and Awareness Program in association with Sreekandapuram Municipal Corporation at Sreekandapuram municipality town on 18<sup>th</sup> May 2024. The program was inaugurated by Sreekandapuram Municipality Chair Person Dr. K V Philomina Teacher.

The cadets and Sreekandapuram Municipality took all efforts to make the town and its surroundings neat and clean. Garbages, mainly plastic bottles and carry bags and other waste materials are removed villager from the drains and the surrounding places of Sreekandapuram town. The program was a great success with the active participation of NCC cadets and villagers of the Sreekandapuram municipality.





SL. No.	Name of Student	Programme and batch	Signature
51.	Rose maria	BA-Eco	Manir
52.	Aswadhy .P.R	ý.	A. M.
53'	Rasmi Radhakzishnan	1)	Basi
54.	Naodona c	n	NOU
55.	Chopika N.V	••	Gorila
56	Jyothime. K	BSC Maths	4
57	Pooja Lakshmi	Bsc Chemistry	Dj-ble
55	Sneha · K · K	1)	distribution
59.	Keer-Hana · K	y <sub>3</sub>	laste.
60	Vibishna Babu	1/	Ollehan
61	Ashtami Chandran	2)	Batamula
62	Vismaya Vijayan	21	Vinaya
63	Nayana.k	BBA Unit 13	N.
64	Adrida .c.m	13-com cinit-18	thices
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#### SWACHH BHARATH MISSION SURVEY

### 09/08/2023

The NSS volunteers participated in the Swachh Bharath mission online survey organized by the Sreekandpuram Muncipality. The volunteers expressed their views through the link provided by the municipality officials.68 volunteers participated in this programme.



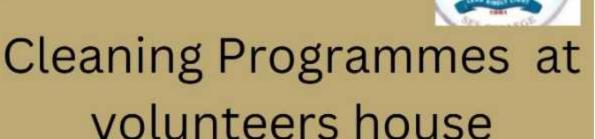
#### 02/10/2023

## Cleaning activities in volunteers house

The NSS volunteers celebrated the Gandhijayanthi by cleaning their homes and thus the volunteers became a part of Swachatha Hi Seva programme introduced by the Government.26volunteers participated in this programme.

# SES College Sreekandapuram Nss unit 17 and 18





Swachatha Hi Seva

Date-02/10/2023





#### 17/10/2023

## Meri Matti Mera Desh programme at the college level

The NSS unit of SES college conducted "Meri Matti Mera Desh" programme by collecting soil from various places and putting in Amruth kalash.47 volunteers participated in this programme.

## SES College Sreekandapuram Nss unit 17 and 18





At College level

Date-17/10/2023





#### 02/12/2023

## Road cleaning programmes beyond the campus

The NSS volunteers took initiative for cleaning the road beyond the campus. On the 2<sup>nd</sup> of December, the road from the Pathinaramaramb to the college was cleaned. 69 volunteers actively engaged in the cleaning activities.









#### 09/12/2023

#### NSS Volunteers with Haritha Karma Sena

NSS volunteers along with Haritha Karma Sena conducted house visits with Haritha Karma Sena in Pathinaramaramb comprising 3 and 5 wards of Malapattam panchayath. Also conducted awareness raising and garbage collection as part of the campaign. 70 volunteers visited the houses along with Haritha Karma Sena and collected information.

# SES College Sreekandapuram Nss unit 17 and 18



മലപ്പട്ടം പതിനാറം പറമ്പിൽ

Date- 09/12/2023









## ഇവിടെ വിദ്യാർഥികൾ

## **AJIONI OMI**

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## 15/12/2023

## A visit to "Sneharamam" project area

The NSS volunteers visited the "Sneharamam" plot set up as part of the "garbage free new kerala" to beautify the roadsides and volunteers discussed what can be done there. 19 volunteers and rogramme officer visited the spot







## 06/03/2024

## Participation in "Shujithamission rogramme"

NSS volunteers participated in the "Shujithamision programme" organized by Shujithamission department at SN College under Kannur University.2 volunteers attended the session.







### 18/05/2024

## Pre- mansoon cleaning

The NSS volunteers took initative for a pre mansoon cleaning in Sreekandauram Muncipality. The programme was inaugurated by Hon'ble Chairperson Dr.K V Philominaof Sreekandapuram Muncipality. 25 volunteers engaged in the cleaning activities.









#### REPORT

## Water Announcement Initiative by FDSJ Wing

#### SREEKANDAPURAM

Amidst the scorching summer and increased concerns of dehydration among students, the FDSJ wing of SES College, Sreekandapuram, initiated a pioneering step to promote hydration. Inspired by the Kerala government's 'Water Bell' campaign for schools, this initiative marks the first of its kind in Kerala's higher education institutions, despite the absence of a direct mandate from the government.

The Kerala government's 'Water Bell' initiative was introduced to combat dehydration among school students during the peak summer months. Recognizing the effectiveness of this program, the FDSJ wing at SES College decided to implement a similar strategy to ensure their college students stay hydrated.

#### Implementation

Concept Development

Lijitha M., a second-year MAJMC student, played a crucial role in creating the script, announcement and editing of the program. The core concept of the program was developed under the guidance of FDSJ staff coordinator Previn P. F.

#### Content of Announcement

A 19-second audio message was crafted to remind students to drink water and inform them about the potential consequences of dehydration.

#### **Broadcast Details**

Start Date: The initiative commenced on March 3rd.

Duration: Announcements were made until March 26th, the start of the summer vacation.

Frequency: The audio messages were broadcast through the audio announcement systems installed on every floor of the college at 11.20 a.m.

#### Outcome

The announcement aimed to encourage regular water intake among students, emphasizing the importance of hydration for health and well-being. The initiative was well-received by the college community. Students appreciated the reminders, and many reported an increase in their daily water intake as a result. Faculty members also supported the initiative, recognizing its importance in maintaining student health during the hot summer months.

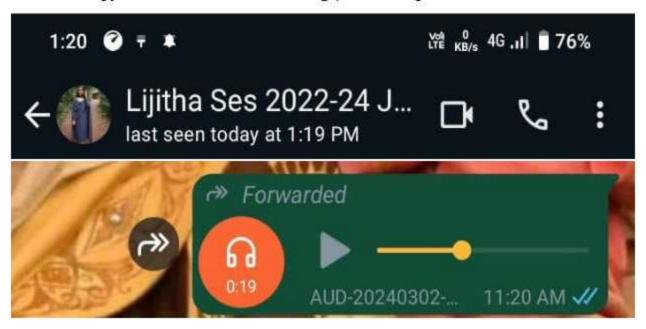
#### Impact

The water announcement initiative by the FDSJ wing at SES College, Sreekandapuram, gained significant media attention, further amplifying its impact. Radio Mango, a popular radio station, featured the program on their show "JOSH JUNCTION." During the broadcast, RJ Ramesh played the 19-second

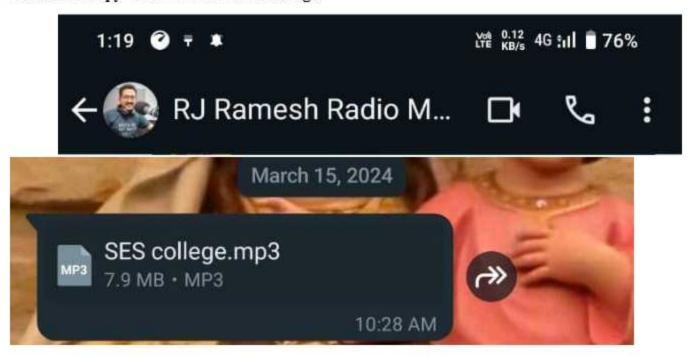
announcement, highlighting the college's proactive steps to ensure student hydration. This exposure brought the initiative widespread popularity, demonstrating the effectiveness of combining media coverage.

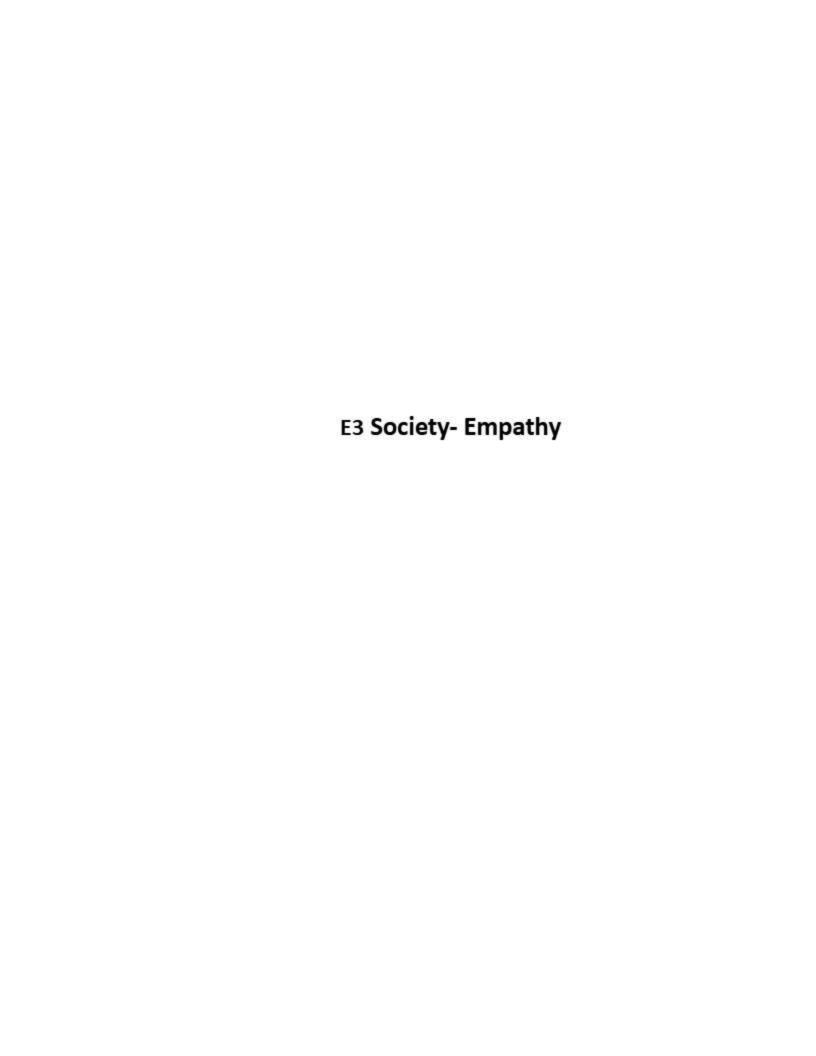
#### Screen Shots of Water announcement

Audio File copy- Announcement at SES College, Sreekandapuram



Audio File Copy- Broadcast on Radio Mango





NAME OF PROGRAM: SOCIAL EXTENSION PROGRAMME

NAME OF ORGANISING AGENCY: DEPARTMENT OF ENGLISH

DATE: 25/03/2024

NAME AND DESIGNATION OF RESOURCE PERSON: OFFICERS

REFERENCE CLUB LIBRARY, SREEKANDAPURAM

NUMBER OF PARTICIPANTS: 15







ത്രികണ്ഡുരം എസ്.ഇ.എസ് കോളജ് താന്ദര വർക്കത്ത ഇംഗ്ലീക് തിരുട വിദ്യാർത്തിക impresses binametrija basidelengises (p.g. inbinifaca bi

## വിദ്യാർത്ഥികൾ പുസ്തകങ്ങൾ സംഭാവന നൽകി

ത്രികന്റപുരം എന്.ഇഎന് കോട്ടേജ് 2022-20 വർക്കത്ത ഇം പാലമുത്തപ്പർ മംപ്പാതിരി ്രായ നേരും വിവ്യാർത്തിലെ പ്രസ്കര്യാവും വെത്രായ എന്ന് വര്യവുന്നു വിവ്യാവുന്ന വേരു വ്യാത്തിലെ പ്രസ്തരം നിതകങ്ങൾ സമ്മാനിച്ചത്. വൈണ്രടി സന്ദർശിച്ച വിട്യാടിത്തികൾ (ന. നടക്കും. വാതി പത്തിന് കളി നായെങ്ങൾ സ്വാർത്തനങ്ങൾ മനസ്സിലാക്കുകയും അംഗതം: കല്യാട്ട് നാളെ പ്യവ്യേഷ സ്വീകരിക്കുകയും പേയിയും കോളേജ് അതി. പ്രചാപനൾ അം അങ്ങിനാണ് വിവ്യവ്യൂന സ്വീകരിക്കുകയും പേയിയും കോളേജ് അതി. പ്രചാപനൾ അം അങ്ങിനാണ് വിവ്യവ്യൂന സ്വീന ബങ്ങർ, ഓഫിസേഴ്സ് ക്ലല് സെക്രട്ടറി കെടിയാക്കൻ പുറപ്പൂട്ട് ത്യർഷ് ഗുളിപർ ബൈല്രസ്തർക്കാരായ ശ്രീജ, രഞ്ജ്യ എന്നിവർ സംസാരിച്ചു. ഒരാവം കെട്ടിയാരും

## തിരുവഷന മഹോത്സവം

തളിപ്പറമ്പ പുളിദ്ധാനം

## REPORT:

The 2022-2025 batch of the English department visited the Office reference club library, Sreekandapuram, as part of their social extension programme and donated some books to the library. The initiative received much appreciation and the report of the same appeared in various media.

## **EXTENSION ACTIVITY**

As part of the S.E.S. College extension programme, seven BBA students visited No. 74 Naduvil Panchayath Anganavadi on April 23, 2024, to interact with the students and distribute study materials.



Department of Commerce-BBA Activity Report 2023-2024

## Extension Activity-Padannot Anganavadi Visit

A group of four students visited Padannot Anganavadi on April 29, 2024, and interacted with the children, gifting them study materials and sweets.





# HELPING HANDS-SOCIAL EXTENSION PROGRAM Celebrate Independence day with Pathinaram Parambu Anganwadi students



SES College department of commerce celebrated Independence day with Pathinaram Parambu Anganwadi students. Students gifted flags and decorated Anganwadi with ribbons and balloons. The visit was done on 14/08/23 Monday. 59 students participated in the programme.

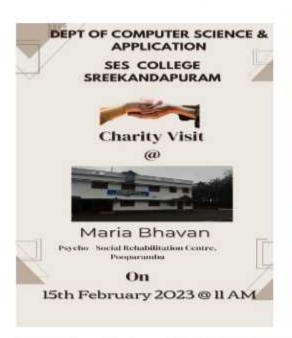
## 4. Social Extension Activity

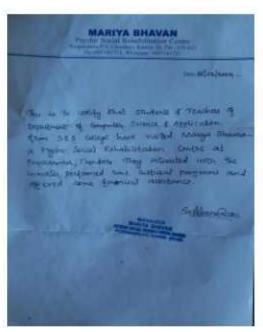
## **Charity Visit**

Date: 15/02/24

Participants-34

Department organized an orphanage visit to Pooparamba on 15/02/24. Students spent the time by singing and dancing with orphanage mates.









### 01/10/2023

## Visit to Kannur Railway station

. The NSS unit of SES College organised 'Swachhata Hi Seva' programme by participating in the "Mega Cleaning" in Kannur Railway Station conducted by Kannur University .10 volunteers participated in the programme. 8 volunteers became a part of this programme.







## S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

Name of Programme: end Visit to Kannut Railway Date: 01/10/23.
Name of Organising Agency: NSS

ume and Designation of Resource Person :

Signature:

Name and Designation of Resource Person:		Signature :	
SL. No.	Name of Student	Programme and batch	Signature
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## 12/08/2023

## Visit to Model Residential School, Pattuvam

In order to ignite the aspirations and career goals of Tribal students in Model Residential School Pattuvam and to provide them with the opportunities for growth and development, 10 NSS volunteers of SES College visited the school and interact with the students with various activities and games.







## 01/12/2023

## Disability Day Celebration and Message Rally

Under the leadership of SE College NSS unit and Samaritan Palliative care, various educational institutions and organizations organized the Disability Day celebration and a message rally.64 volunteers became a part of this programme.





#### 08/01/2024

### "Snehaveed" Construction

SES College NSS units became a part of the house project known as "Snehaveed" which is being done in collaboration with Kannur University and K Chittilappilly Foundation. The NSS unit of college is taking up two houses as part of this project, of which the ground breaking ceremony of one house took place in 8<sup>th</sup> January 2024. The House pegs ceremony was inaugurated by the college principal and some dignitaries of that locality also participated in this function. 28 volunteers were present in the house pinning ceremony.



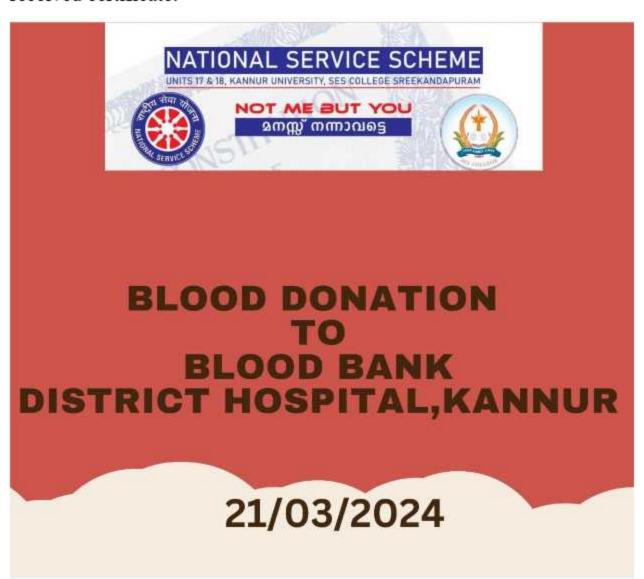




## 21/03/2024

## **Blood Donation Camp**

The NSS volunteers donated blood to the blood camp of Kannur District hospital ,Kannur.5 volunteers donated their blood to the blood bank and received certificate.









## O5/05/2024

## "Snehaveed" Construction

SES College NSS units became a part of the house project known as "Snehaveed" which is being done in collaboration with Kannur University and K Chittilappilly Foundation. The NSS unit of college is taking up two houses as part of this project, of which the ground breaking ceremony of second house took place in 5<sup>th</sup> May 2024. The House pegs ceremony was inaugurated by the college principal and some dignitaries of that locality also participated in this function.





#### CONNECTING SCIENCE TO SOCIETY (SOCIAL EXTENSION ACTIVITY)

In association with YMCA, Sreekandapuram we have organized a "Medical camp" on 11<sup>th</sup> November 2023. Sri. Saji Joseph, MLA inaugurated the Function. Dr. Philomina K. V., Municipal Chairperson was the Chief guest. Around 70 people registered in the medical camp. Dr. Augustine George, Orthopediac Physicain was the consulgting doctor for the camp. Free medicines were also distributed. Participants ~ 17 students.











## സൗജന്യ അസ്ഥിരോഗ നിർണയ ക്വാമ്പ് നാളെ

**ശ്രീകണ്oപുരം**: ശ്രീകണ്oപുരം വൈഎംസിഎയുടെയും സ്ഇഎസ് കോളജ് കെമിസ്ട്രി ഡിപ്പാർട്ട്മെന്റിന്റെയും ആഭിമു ഖ്യത്തിൽ നാളെ സൗജന്യ അ സ്ഥിരോഗ നിർണയ കൃാമ്പ് നട ത്തുന്നു. രാവിലെ പത്തമയക്ക് ശ്രീകണ്ഠപുരം ഫെഡറൽ ബാ ങ്കിനു സമീപം നടക്കുന്ന ക്യാമ്പി ന് പ്രമുഖ അസ്ഥിരോഗ വിദഗ്ദ്ധ ൻ ഡോ. അഗസ്റ്റിൻ ജോർജ് നേ തൃത്വം നൽകും. ആദ്യം ബുക്ക് ചെയ്യുന്ന 70 പേർക്കാണ് ക്യാമ്പി അവസ പങ്കെടുക്കാൻ രംമെന്ന് ഭാരവാഹികൾ പത്രസ മ്മേളനത്തിൽ അറിയിച്ചു.

കുാമ്പ് സജീവ് ജോസഫ് എം എൽഎ ഉദ്ഘാടനം ചെയ്യും. പ ത്രസമ്മേളനത്തിൽ ബേബിച്ചൻ ജേക്കബ് കുഴിത്തോട്ട്, റെജി കാ രുാങ്കൽ, ജയേഷ് വർഗീസ്, റോ ബി ഈപ്പൻ, സി.എഫ്. ആന്റണി എന്നിവർ പങ്കെടുത്തു.

## സൗജന്യ അസ്ഥിരോഗ പരിശോധനാ ക്വാമ്പ് സംഘടിഷിച്ചു

ജീകത്രാപുരം വൈഎംസിഎ ക സ്റ്റൂർ സമ്മ് വിദ്യാരൻ, വൈഎം സിഎ ശ്രീകണ്ഠപ്പുരം, എസ്ഇ എന്ന് കോളജ് കെമ്മ്സ്ട്രീ വിപ്പുമ ർട്ടൻ ട്ട് എന്ന്വ സംബ്യാരമായി സംബ്യ അമ്പറിയോഗപരിയോ ഒന്ന് എംഎര്എ ഉറിയോടനം പേയ്ത്വ. സാത്രത്വ ചെയർപ്പെ പെയ്തു. സാത്രത്വ ചെയർപ്പെ സെൽ ഡോ. കെ വി. ഹിലോമി

ന മുഖ്യാതിലിയായിരുന്നു. പ്രമുഖ അസ്ഥിരോഗ വിദഗ്ധ ൻ ഡോ അഗസ്റ്റിൻ ജോർജ് ക്യാ സിൻ നെതുത്വം നൽകി. പ്രദീക ൺറ പുരം എസ ഇംഎസ് കോള ർ കെൻസ്വരി വിദാഗം ജോവൻ ഡോക്ടർ സൗരു മരിയ ജോവൻ ആയും കെൻസ്പരി വിദ്യാൻഥിക ഇരോയിം സവനവും കുമ്പിൽ ഉത്തായിന്റെ ചെഎംസിഎ വ്രദീകൺറ പുരം പ്രസിഡൻ ബേ

ബിച്ചൻ ജേക്കബ് അധ്യക്ഷന വ ഹിച്ച് സി.എഫ്. ആന്റണി, ശ്രീ കണ്ഠപുരം നഗരസഭ ആരോഗ്യ സ്റ്റാൻഡിംഗ് കമ്മിറ്റി ചെയർപേ ഉന്നൽ വി.പി നസിമ, സലാഹ്യ റ്റിൻ, സ്റ്റീഫൻ ഞാറാലോല്ക്കാർ, റെല്ലോൻ, ജരയഷ് ചക്യത്ത്, സ്വരാഷ് ജോർജ്. സോബ് ലു കോസ്, സി.കെ. അലക്സ്, ഡോബിൽ ഈപ്പൻ തോണ് ച ക്യത്ത് എന്നിവർ പ്രസംഗിച്ചു



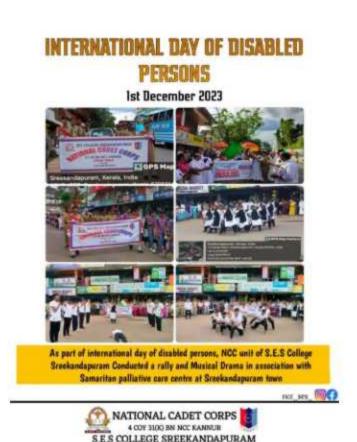
രൈഎംസിഎ ഓളിൽ സംഘടിക്ക് ഇ അസ്ഥർങ്ങാഗ പരിശോധന ക്യാന്മിന്റെ ഉർഘാടനം സതീര് ജോസഫ് തംഎൽഎ നിർവഹിക്കുന്നു.

## INTERNATIONAL DAY OF DISABLED PERSONS -01/12/2023

International Day of Persons with Disabilities is an international observance promoted by the United Nations since 1992. It is celebrated on the 3<sup>rd</sup> December of every year.

The theme of the 2023 International Day of Persons with Disabilities is \*"United in action to rescue and achieve the SDGs for, with and by persons with disabilities"\*.

What we can do to celebrate the day is organize an inclusive community event. Hence the NCC unit of S.E.S College Sreekandapuram organized and conducted a Rally and Musical Drama in association with Samaritan Palliative Care Centre at Sreekandapuram town on the International Day Of Disabled Persons.



## CERTIFICATE OF APPRECIATION (Social Extension Activity)

ഡോ. കെ.വി. ഫിലോമിന ടീച്ചർ ചെയർപേഴ്സൺ ശ്രീക്കാപുരം നാരസഭ കണ്ണൂർ ജല്പ- 670611



Ph: (Off): 0460 2230261 Mob: 9447647806

alpa 21/11/33

## CERTIFICATE OF APPRECIATION

This is to certify that BSC Chemistry students of SES College is awarded Certificate of Appreciation for having done an exemplary service to society in free Medical Camp jointly organized by YMCA Sreekandapuram and Department of Chemistry S.E.S College at KVA Complex Sreekandapuram on 19 th November , 2023.

> Dr. K.V. Philomina Taucher Charperson Sreekandapuram Municipality

- 1.Malapattom
- 2.Mayyil.
- 3.Pattannur.
- 4.Chengalayi
- 5.Kalliad

The activities carried out under UBA scheme during 2023-24 were

## Household survey and Village survey

The selected student of SES College conducted a household and village survey on the panchayaths selected asper the UBA guidelines. The main objective of the survey is to find out what the current situation in the panchayath is and how far they have developed. The survey helps to build a good rapo with the village authorities. The Survey was conducted in the first week of June. 20 students took initiative for conducting this survey.







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# nat Bharat Abhiyan - Village Survey Form



1. Basic Information:		Village ID:
Name of the Village	Mayuil	000000000000000000000000000000000000000
Gram Panchayai	Maydil	
Number of Wards	18	
Number of Hamlets	1.0	
Block	TOTAL SEGMEN	
District		
State State	Kercula	
Lok Sabha/Constituency	Detend	
Distance from District HQ		1/
Area of village (Acres)	93.08 cm2	and the same
Arable land agriculture Area(Acres)	23.00	7
Forest Area (Acre)		
Housing/Abadi Area(Acres)		
Area Under Water bodies(Acres)		
Common Lands Area(Acres)		
Average per capita Land holding (Acre)		
Waste land (Acres)		
Water Table (feet)		Marie

Village Infrastructure/basic amenities/Services	Located in village (Y/N)	Nos. (inside village)	Distance km, if located outside of nearest centre
Primary Schools(Govt.)	V		8.16m
Primary Schools(Private)	Y	W. 10	3.4 Km
Middle Schools (Govt)	Y		7.2 Km
Middle Schools(Private)	7		8-2 Km
Secondary Schools(Private)	Y	99.0	
Secondary Schools(Govt.)	У		
ITI Diploma Institutes (Govt)			
ITI Diploma Institutes(Private)			
Colleges(Govt.)	12		
Collages(Private)	7		
Banks / ATM	Y		
Primary Health Centres	Y		
Civil Hospital			
SHG's		100	
NGOs			
Jan Aushadhi Yojana Kendra		1000	
Post Office	7		
Gas agencies		100.71	
Training Centres and specify which	7		13
Electricity Office	Y		
Anganwadi Kendra			
Petrol Pumps in village	- 4		
Kisan Sewa Kendra	7		
Crishi Mandi	THE PROPERTY OF		
are Price Shop	4	-	The second second
Milk Cooperative/Collection Centre	Y		
tailway Station	N	100	The same of the sa
lus Stop	Y		
eterinary Care Centre	Ý		
ports Facility/Grounds	V		
	1		
lumber of common sanitation complexes			

## SWACH BHARATH MISSION SURVEY

The UBA vulunteers participated in the swach Bharath mission online survey organized by the Sreekandpuram Muncipality in association with NSS units of SES College. The volunteers expressed their views through the link provided by the municipality officials.20 volunteers participated in this survey. The survey was conducted on 09/08/2023.



## UBA Volunteers with Haritha Karma Sena

UBA volunteers along with NSS units of SES College, Sreekandapuram conducted a house visits with Haritha Karma Sena in Pathinaramaramb comprising 3 and 5 wards of Malapattam panchayath. Also conducted awareness raising and garbage collection as part of the campaign. 20 UBA volunteers visited the houses along with haritha karma sena and collected information. it was held in December 9 2023.



