



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B' Grade) Affiliated to Kannur University

Criterion 7

Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

CONSTITUTIONAL QUIZ

The NCC unit of S.E.S. College Sreekandapuram celebrated the 73rd Republic Day. Lt. Preju K Paul, The Associate NCC Officer of S.E.S. College Sreekandapuram inaugurated the function by flag hosting and delivered Republic Day message to the cadets. SUO Ajith Roy, UO Anuja KB, CSM Aishwarya MP coordinated the programme and total 25 cadets participated in the celebration.

A quiz competition was conducted on the topic “Indian Constitution”. The competition was open for all students of SES College Sreekandapuram. All the cadets and students have actively participated in this competition.

REPUBLIC DAY
25th January 2022

QUIZ COMPETITION

Topic - Indian Constitution

- THE QUIZ IS OPEN TO ALL THE STUDENTS OF S.E.S. COLLEGE SREEKANDAPURAM.
- QUIZ WILL BE CONDUCTED THROUGH GOOGLE FORMS.
- PARTICIPANTS ARE REQUIRED TO JOIN THE WHATS APP GROUP GIVEN BELOW.
- FURTHER INSTRUCTIONS AND THE QUIZ LINK WILL BE PROVIDED IN THE GROUP.
- FIRST & SECOND PRIZE WINNERS WILL BE AWARDED.

Date - 26/01/2022
Time - 05:00 PM

For Further Information
Lt. Preju K Paul (ANO) : 9447690331
SUO Ajith Roy : 9496523234
UO Pranav V : 9188563647

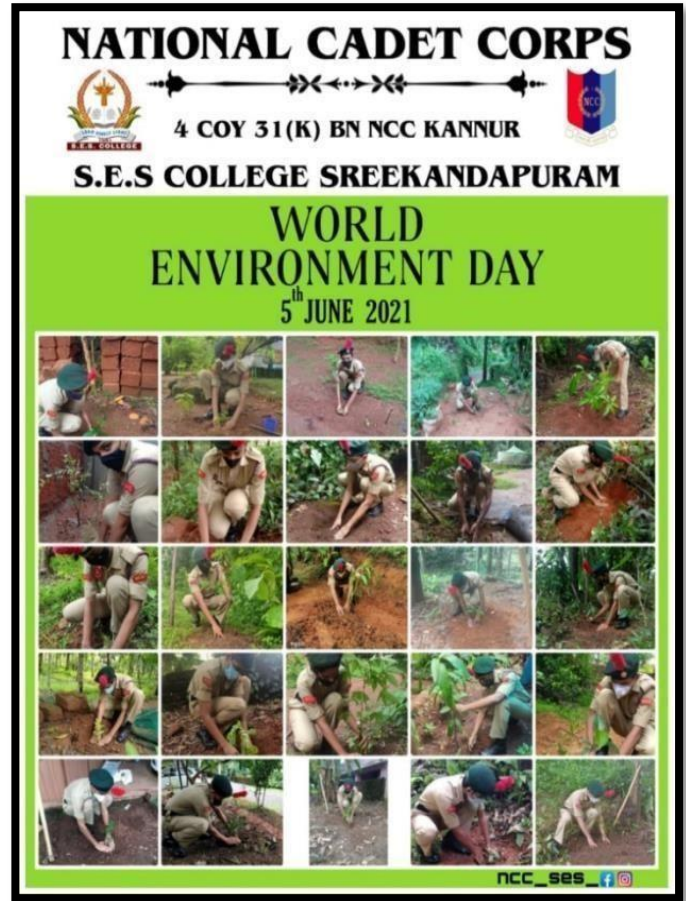
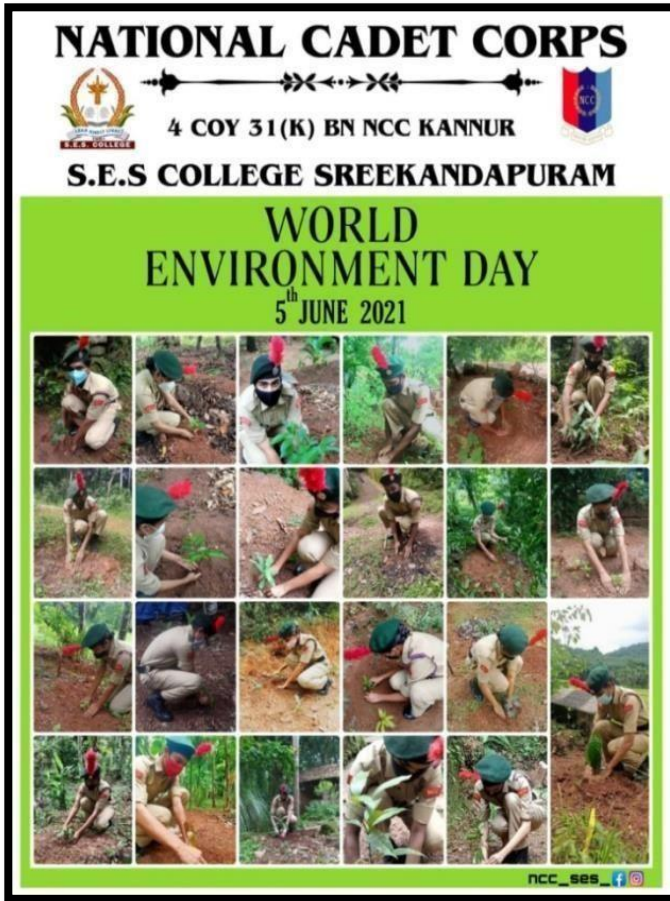
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PLANT TREES SAVE EARTH

On World Environment Day 5th June 2021, the NCC cadets of S.E.S. College, Sreekandapuram planted trees to convey the importance of a safe and healthy environment. The message was “ Plant a Tree, save the Earth” and keep our environment safe and healthy. The cadets could successfully convey the

importance of saving our environment by doing such activities.



MENTAL STRESS RELIEF

The National Cadet Corps of S.E.S. College Sreekandapuram celebrated International Yoga Day on 21st June, 2021, conducted an online webinar for conveying the importance of Yoga in everyone's lifestyle. The welcome speech was delivered by Lt. Preju K Paul, ANO of S.E.S. College. The inauguration was done by Dr. Dominic Thomas, Principal of S.E.S. College Sreekandapuram. The felicitation was

delivered by Mr. Sajeesh T J IQAC co-ordinator of S.E.S. College. The section was handled by the resource person Dr. Jobin Jose Chamakkala, Asst. Professor of Dept. of Malayalam Devamatha College Kuravilangad. The webinar was very useful and interesting thecadets could learn more about the history of Yoga and how it helps the human being to stay fit and also it helps to decrease mental stress.

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INTERNATIONAL YOGA DAY
21st June 2021
WEBINAR

Welcome Speech : Lt. Preju K Paul (ANO SES College)
Felicitation : Sajeesh T J (IQAC Co-ordinator SES College)
Vote of Thanks : CDT. Vismaya P P

യോഗവും ആരോഗ്യവും

Inauguration : Dr. Dominic Thomas
(Principal, SES College Srookandapuram)

Resource person
Dr. Jobin Jose Chamakkala
(Asst. Professor, Dept. of Malayalam)
[Devamatha College Kuravilangad]

On : 21 st June 2021
@
9:00 am

*You cannot Always Control what goes on Outside,
But you can Always Control what goes on inside.*

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SAY NO To PLASTIC

On the occasion of International Plastic Bag Free Day, 3rd July 2021. The NCC Cadets of S.E.S. College, were made paper bags and creative craft works from plastic bags to convey the message that ,use paper bags instead of plastic bags and how we can utilize the wasted plasticbags. Everyone should “Say No To Plastic”.



INDEPENDENCE DAY CELEBRATION- WEBINAR

On the occasion of 75th anniversary of Independence Day, 15th August 2021, the NCC unit of S.E.S. College Sreekandapuram conducted a webinar on the topic "National Integration in Nation Building". The programme was conducted on 14th August 2021, at 9:00 am through google meet. The class was handled by Mr. Ravikrishnan T, Asst. Professor of English PRNSS College Mattannur. The webinar started at 9:00 am through google meet. Welcome speech was delivered by SUO Ajith Roy. Presidential address by Lt. Preju K Paul, ANO of S.E.S. College. The webinar was inaugurated by Dr. Dominic Thomas, Principal of S.E.S. College Sreekandapuram. The facilitation was delivered by Dr. Sajeesh T J, IQAC co-ordinator & HOD of department of commerce, S.E.S. College Sreekandapuram. Vote of thanks recorded by CQMS Vismaya P P. All cadets were actively participated in this program. The webinar was very interesting and a successful one.

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Celebrating 75 Years of Indian Independence

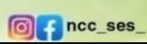
WEBINAR
"NATIONAL INTEGRATION IN NATION BUILDING"

Welcome Speech : SUO Ajith Roy
Presidential Address : Lt. Preju K Paul (ANO, S.E.S. College)
Inauguration : Dr. Dominic Thomas (Principal, S.E.S. College)
Facilitation : Dr. Sajeesh T J (IQAC CO-ORDINATOR, S.E.S. College)
Vote of Thanks : CQMS Vismaya P P

On
14/08/2021
@
09 :00 am

Resource Person
Ravikrishnan T
(Asst. Professor of English, P.R.N.S.S College Mattannur)

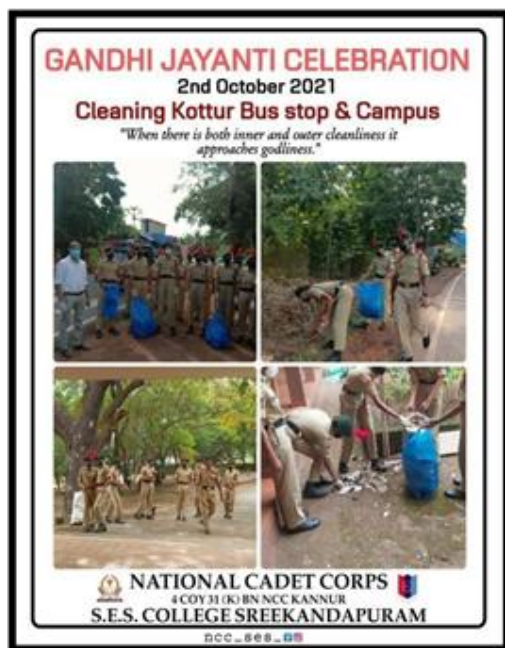


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CLEANLINESS AN APPROACH TO GOLINESS

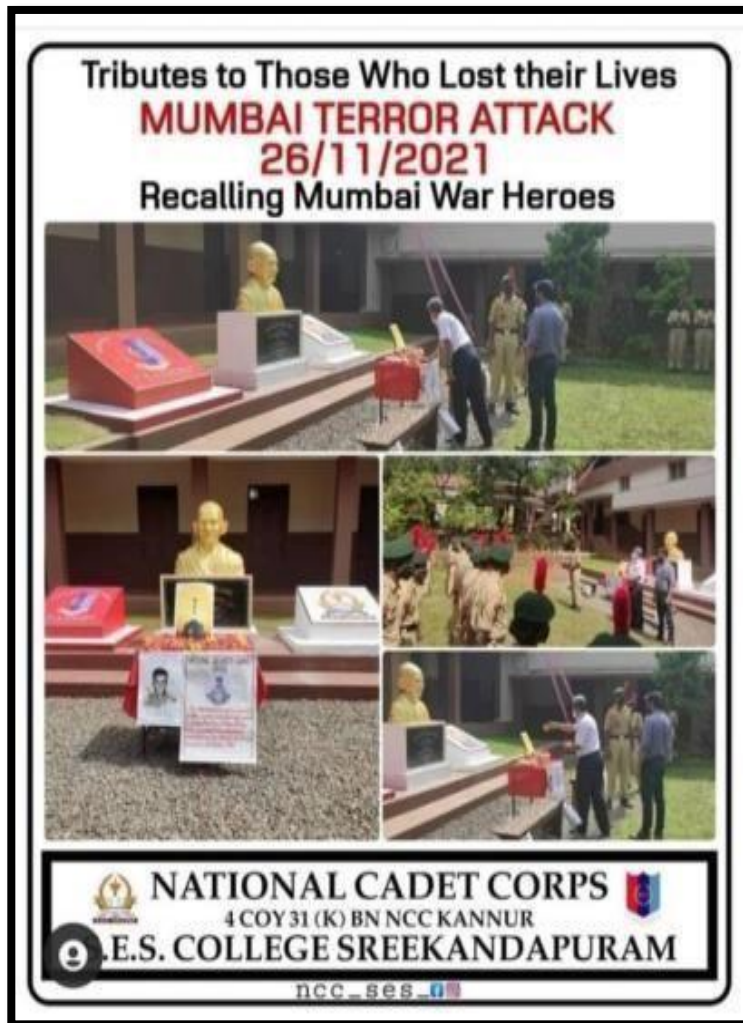
- Cleaning house & surroundings.
- Cleaning Kottur bus stop & campus.

“When there is both inner and outer cleanliness it approaches godliness”. The National Cadet Corps of S.E.S. College Sreekandapuram conducted a cleaning challenge as part of celebrating Gandhi Jayanti day on 2nd October 2021. Mahatma Gandhi had made cleanliness and sanitization as an integral part of the Gandhian way of living. On this programme all the cadets of S.E.S. College Sreekandapuram cleaned their house, surroundings, Kottur bus stop and college campus. The NCC unit of S.E.S. College put out this challenge to everyone to begin their journey towards a cleaner world by cleaning their own home and surroundings. The main purpose of this program is to create awareness among the society regarding cleanliness and its benefits.



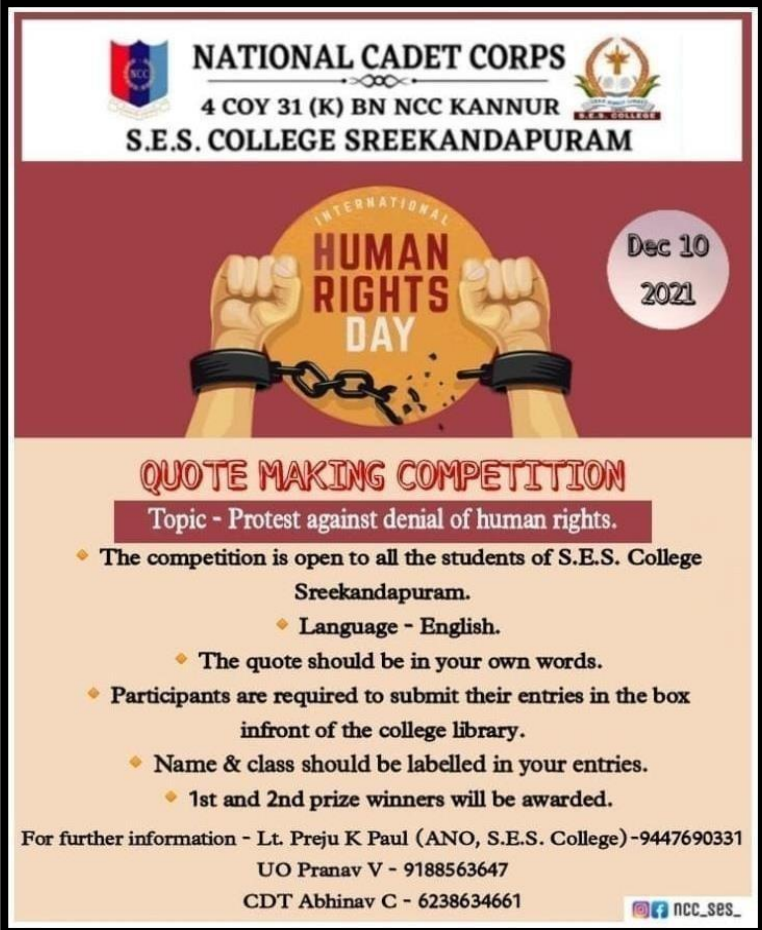
RECALLING MUMBAI ATTACK HEROES

NCC unit of S.E.S College Sreekandapuram conducted a reminiscence program on 26th November 2021 at 11:00 am. Lt. PrejuK Paul (Associate NCC Officer, S.E.S College Sreekandapuram) presided over the function. Dr. Dominic Thomas (Principal , S.E.S College Sreekandapuram) was the keynote speaker of the program. Dr. Sajeesh T J (IQAC coordinator, S.E.S College Sreekandapuram) felicitated the programme. SUO Ajith Roy delivered the welcome a Flowers were offered in the memories of the brave soldiers. Cdt Devika E proposed vote of thanks. 46 NCC cadets attended this program.



Protest against denial of human rights

The NCC unit of S.E.S. College Sreekandapuram conducted a quote making competition with the topic 'Protest against denial of human rights' on Human rights day, 10th December 2021. The competition was open to all the students of SES College Sreekandapuram. All the students and cadets were actively participated in the program.



The poster is for a quote-making competition organized by the National Cadet Corps (NCC) unit of S.E.S. College Sreekandapuram. At the top, it features the NCC logo and the text: "NATIONAL CADET CORPS", "4 COY 31 (K) BN NCC KANNUR", and "S.E.S. COLLEGE SREEKANDAPURAM". Below this, there is a central graphic of two hands in black cuffs, one holding a yellow circle with the text "INTERNATIONAL HUMAN RIGHTS DAY". To the right of the hands is a white circle containing "Dec 10 2021". The main title of the competition is "QUOTE MAKING COMPETITION" in red, with the topic "Topic - Protest against denial of human rights." in a dark red box. A list of five bullet points provides details about the competition's eligibility, language, rules, submission location, and prizes. At the bottom, contact information for Lt. Preju K Paul, UO Pranav V, and CDT Abhinav C is provided, along with a social media handle for NCC_SES_.

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INTERNATIONAL
HUMAN RIGHTS DAY

Dec 10
2021

QUOTE MAKING COMPETITION
Topic - Protest against denial of human rights.

- ◆ The competition is open to all the students of S.E.S. College Sreekandapuram.
- ◆ Language - English.
- ◆ The quote should be in your own words.
- ◆ Participants are required to submit their entries in the box in front of the college library.
- ◆ Name & class should be labelled in your entries.
- ◆ 1st and 2nd prize winners will be awarded.

For further information - Lt. Preju K Paul (ANO, S.E.S. College) -9447690331
UO Pranav V - 9188563647
CDT Abhinav C - 6238634661

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PAYING TRIBUTE TO THE PULWAMA MARTYR

The NCC unit of S.E.S College Sreekandapuram was conducted a remembrance program on 14th February 2022 at 10:00 am. Lt. Preju K Paul (Associate NCC Officer, S.E.S College Sreekandapuram) presided over the function. Dr. Dominic Thomas (Principal , S.E.S. College Sreekandapuram) was the keynote speaker of the program. SUO Ajith Roy delivered the welcome address. A 'pushparchana' was conducted to the memories of the brave soldiers. 54 NCC cadets attended this program.

SALUTE

Paying tribute to the Pulwama martyrs
14 th February 2022



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